SEA DRAGONS FALL/WINTER SCHEDULE



WANG YMCA OF CHINATOWN
SEA DRAGONS
FALL SHORT COURSE SEASON
SEPTEMBER 8, 2026 – APRIL 16, 2027

TUESDAYS	
5PM – 6PM	Developmental Group
5PM – 6:30PM	Intermediate/Junior/Senior
WEDNESDAYS	
5PM – 6PM	Developmental Group
5PM – 6:30PM	Intermediate/Junior/Senior
FRIDAY	
5PM – 6PM	All Groups
SATURDAY	
3:30PM – 4:30PM	All Groups

CURIOUS ABOUT WHAT SKILLS ARE NEEDED TO JOIN OUR ENTRY LEVEL SWIM TEAM GROUP...

- 50 yds. Freestyle
- 50 yds. Backstroke
- 50 yds. Flutter Kick on Back (in streamline)
- Basic skills in Breaststroke and Butterfly (able to swim 25 yards.)
- Ability to execute a standing dive

QUESTIONS? EMAIL Aquatics Director Michael Christman at MCHRISTMAN@YMCABOSTON.ORG

SCAN CODE FOR FAQ AND MORE INFO