GYM SCHEDULE

CHARLESTOWN YMCA
NOVEMBER 1 – DECEMBER 20, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00am – 8:45am	Open Gym 6:00am – 9:15am	Open Gym 6:00am – 8:45am	Open Gym 6:00am – 8:45am	Open Gym 6:00am – 9:15am		
6:30 AM						Open Gym 7:00am – 7:45am	
7:00 AM							PICKLEBALL 8:15am – 11:45am Full Court
7:30 AM						Pickleball 7:45am–9:45am Full Court	
8:00 AM							
8:30 AM	Family Gym 9:00am – 11:00am		45+ Pick Up Basketball 9:00am–11:00am	Indoor Play 9:00am – 11:00am			
9:00 AM						Gymnastics ages 3–5 10:00am–10:45am Half Court	
9:30 AM		PICKLEBALL 9:30am – 12:15pm Full Court			Pickleball 9:30am–12:30pm Full Court		
10:00 AM						13+ Teen Pick Up Basketball Half court 10:00am–12:00pm	
10:30 AM							
11:00 AM	Pickleball 11:00am–1:00pm Full Court			65+ Pick Up Basketball 11:00am–12:15pm			
11:30 AM			Pickleball 11:15am–2:30pm Full Court				
12:00 PM		Seaport Academy (Rental) 12:30pm–2:00pm		Seaport Academy (Rental) 12:30pm–2:00pm	Aging Well (50+) Open Gym 12:30pm–2:30pm	18+ Pick-up Basketball 12:00pm –3:30pm Full Court	Family Gym 11:45am–2:45pm
12:30 PM							
1:00 PM	Open Gym 1:00pm–4:15pm						
1:30 PM							
2:00 PM		Family Gym 2:00pm – 4:45pm Half Court	Teen Open Gym 2:30pm–4:30pm	Family Gym 2:00pm – 5:15pm Half Court	13+ Teen Open Gym 2:30pm–4:15pm	Teen Open Gym 3:30pm–4:45pm Full Court	Open Gym OR Birthday Party 11:45am – 3:00pm *Watch for birthday party rentals*
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Gymnastics ages 3–5 4:30pm–5:15pm	13+ Teen Open Gym 2:00pm–4:45pm Half Court					
4:30 PM				Ippon Sports (Rental) 4:15pm – 5:45pm Half Court	Jr. Celtics Age 3–4 4:30pm–5:15pm		
5:00 PM	Gymnastics ages 6–12 5:15pm–6:00pm	RUN CLUB 5:00pm–6:00pm Full Court				Birthday Party 1:30p – 5:00p Full Court *Watch for birthday party rentals*	
5:30 PM					Jr. Celtics Age 5–6 5:30pm–6:15pm		
6:00 PM				RUN CLUB 5:00pm–6:00pm Half Court			
6:30 PM	18+ Pick-up Basketball 6:00pm –8:45pm Full Court	VOLO (Rental) 6:00pm – 9:00pm Full Court	13+ Teen Pick up Basketball 5:30pm – 8:45pm Full Court		Jr. Celtics Age 7–12 6:30pm–7:15pm		
7:00 PM				13+ Teen Pick up Basketball 6:00pm – 8:45pm Full Court			
7:30 PM					Open Gym 7:15–7:45pm		
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:
Shared gym space open to all members
FAMILY GYM:
Reserved gym space for youth and families