

SEA DRAGONS FALL/WINTER SCHEDULE

**WANG YMCA OF CHINATOWN
SEA DRAGONS
FALL SHORT COURSE SEASON
SEPTEMBER 8, 2026 – MARCH 26, 2026**



TUESDAYS	
5PM - 6PM	Developmental Group
5PM - 6:30PM	Intermediate/Junior/Senior
WEDNESDAYS	
5PM - 6PM	Developmental Group
5PM - 6:30PM	Intermediate/Junior/Senior
FRIDAY	
5PM - 6PM	All Groups

CURIOUS ABOUT WHAT SKILLS ARE NEEDED TO JOIN OUR ENTRY LEVEL SWIM TEAM GROUP...

- 50 yds. Freestyle
- 50 yds. Backstroke
- 50 yds. Flutter Kick on Back (in streamline)
- Basic skills in Breaststroke and Butterfly (able to swim 25 yards.)
- Ability to execute a standing dive

**CONDITIONING CLINICS WILL BE HELD AUGUST 25-28
TEAM TRYOUTS WILL BEGIN SEPTEMBER 1-4 5PM-6PM**

**QUESTIONS? EMAIL Aquatics Director Michael Christman at
MCHRISTMAN@YMCABOSTON.ORG**



**SCAN CODE FOR FAQ
AND MORE INFO**

