

GYM SCHEDULE

Charlestown YMCA
Starting August 4



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00am – 10am	Open Gym 6:00am – 10:00am	Open Gym 6:00am – 10am	Open Gym 6:00am – 10am	Open Gym 6:00am – 10am		
6:30 AM							
7:00 AM						Open Gym 7:00am – 7:45am	
7:30 AM							Open Gym 8:00am – 9:00am
8:00 AM							
8:30 AM						Pickleball 7:45am–9:45am Full Court	
9:00 AM							Pickleball 9:00am–11:00am Full Court
9:30 AM						Youth Program/ Pickleball 9:45am–11:30am Full Court	
10:00 AM							
10:30 AM							
11:00 AM						Youth Program/ Family Gym 11:30am–12:00pm Full Court	Family Gym 11:00am–12:00pm Full Court
11:30 AM	Family Gym 10am–12:30pm Full Court	Family Gym 10am–12:30pm Full Court	Family Gym 10am–12:30pm Full Court	Family Gym 10am–12:30pm Full Court	Family Gym 10am–12:30pm Full Court		
12:00 PM						18+ Pick-up Basketball 12:00pm – 2:15pm Full Court	Open Gym OR Birthday Party 12:00pm – 3:00pm *Watch for birthday party rentals*
12:30 PM	Open Gym 12:30p – 6pm				Open Gym 12:30pm – 3:30pm		
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM		Pickleball 2:00pm–4:00pm Full Court	Pickleball 2:00pm–4:00pm Half Court	Pickleball 2:00pm–4:00pm Full Court		Family Gym OR Birthday Party 2:15p – 5:00p Full Court *Watch for birthday party rentals*	
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM		Open Gym 4:00pm – 6:45pm		Family Gym 4–6 pm Half Court			
5:00 PM				Program Rental 4:35–5:45p Half Court			
5:30 PM					Family Gym 3:30pm–7:45pm Full Court		
6:00 PM			Open Gym 4pm – 9:00pm	Open Gym 6pm – 9:00pm			
6:30 PM							
7:00 PM	18+ Pick-up Basketball 6:10pm – 9:00pm Full Court	VOLO 7:00pm – 9:00pm Full Court					
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:

Shared gym space open to all members

FAMILY GYM:

Reserved gym space for youth and families