

GYM SCHEDULE

Parkway Community YMCA
June 22- September 4, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 AM											
5:30 AM											
6:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM						
6:30 AM											
7:00 AM	CAMP 7:00 AM-5:45PM	CAMP 7:00 AM-5:45PM	CAMP 7:00 AM-5:45 PM	CAMP 7:00 AM-5:45 PM	CAMP 7:00 AM-5:45 PM	Open Gym 6:00 - 8:30AM	Open Gym 6:00 - 8:30AM				
7:30 AM											
8:00 AM											
8:30 AM											
9:00 AM											Family Pickleball 9:00-10:00 AM
9:30 AM											
10:00 AM											
10:30 AM											
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											Sports Class 8:30AM-4:00PM
1:00 PM											
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM											
5:30 PM						Teen Open Gym 4:15PM - 5:30PM	Teen Open Gym 2:30 - 5:30PM				
6:00 PM	Zumba 6:00 - 7:00 PM										
6:30 PM			Family Gym 5:45PM-7:00PM	Pickleball Ages 18+ 5:45PM- 8:00PM							
7:00 PM	Pickleball Ages 18+ 7:15PM- 9:30PM	Teen Open Gym 5:45PM - 9:30 PM			Teen Open Gym 5:30 - 9:30 PM						
7:30 PM											
8:00 PM			Teen Open Gym 5:30 - 9:30 PM	Open Gym 8:00 - 9:30 PM							
8:30 PM											
9:00 PM											
9:30 PM											

Gym Schedule is subject to change based on programming needs.
Thank you for understanding!

Building Hours

Monday-Friday
5:00AM-10:00PM
Saturday & Sunday
6:00AM-6:00PM