

GYM SCHEDULE

Charlestown YMCA
Starting July 1



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00 AM	Open Gym 6:00am - 10am	Open Gym 6:00am - 10:00am	Open Gym 6:00am - 10am	Open Gym 6:00am - 10am	Open Gym 6:00am - 10am						
6:30 AM											
7:00 AM										Open Gym 7:00am - 7:45am	
7:30 AM											Open Gym 8:00am - 9:00am
8:00 AM											
8:30 AM										Pickleball 7:45am-9:45am Full Court	Pickleball 9:00am-11:00am Full Court
9:00 AM											
9:30 AM										Youth Program/ Pickleball/ 9:45am-11:30am Full Court	
10:00 AM											
10:30 AM											
11:00 AM											Family Gym 11:00am-12:00pm Full Court
11:30 AM	Family Gym 10am-12:30pm Full Court	Family Gym 10am-12:30pm Full Court	Family Gym 10am-12:30pm Full Court	Family Gym 10am-12:30pm Full Court	Family Gym 10am-12:30pm Full Court	Youth Program/ Family Gym 11:30am-12:00pm Full Court					
12:00 PM											
12:30 PM	Open Gym 12:30p - 6pm					18+ Pick-up Basketball 12:00pm -2:15pm Full Court	Open Gym OR Birthday Party 12:00pm - 3:00pm *Watch for birthday party rentals*				
1:00 PM											
1:30 PM						Open Gym 12:30pm - 3:30pm					
2:00 PM											
2:30 PM			Pickleball 2:00pm-4:00pm Full Court	Pickleball 2:00pm-4:00pm Half Court	Pickleball 2:00pm-4:00pm Full Court						
3:00 PM							Family Gym OR Birthday Party 2:15p - 5:00p Full Court *Watch for birthday party rentals*				
3:30 PM											
4:00 PM											
4:30 PM			Open Gym 4:00pm - 6:45pm								
5:00 PM						Family Gym 3:30pm-7:45pm Full Court					
5:30 PM					Open Gym 4pm - 9:00pm						
6:00 PM			Open Gym 4pm - 9:00pm								
6:30 PM											
7:00 PM	18+ Pick-up Basketball 6:10pm -9:00pm Full Court	VOLO 7:00pm - 9:00pm Full Court <small>*currently ends July 21</small>									
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											
9:30 PM											

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:

Shared gym space open to all members

FAMILY GYM:

Reserved gym space for youth and families