

# GYM SCHEDULE

BURBANK YMCA - Effective as of June 22nd

\*Reservation required for Group Exercise & Pickleball



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:30 - 7:30 AM	OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:30 - 6:30 AM	OPEN GYM 5:30 – 6:45 AM		
GROUP EXERCISE 6:45-8:00 AM		GROUP EXERCISE 6:45-8:00 AM	OPEN GYM 6:30 – 7:45 AM	GROUP EXERCISE 6:45-8:00 AM	GROUP EXERCISE 7:00 - 8:15 AM	OPEN GYM 8:00 – 8:45AM
YMCA CAMP BURBANK 8:00 AM—10:30 AM					1/2 YOUTH SPORTS 8:30 – 10:30 AM	
YMCA CHILD CARE 10:30 AM—11:30 AM					OPEN GYM 8:30 AM - 2:00PM	ADULT PICKUP BBALL 9:00 - 11:00 AM
YMCA CAMP BURBANK 11:30 AM—5:30 PM						OPEN GYM 11:00 AM - 12:30 PM
						Open Pickle Ball 12:30 PM - 2:30 PM <small>*motionvibe reservation required*</small>
GROUP EXERCISE 5:30 - 6:45 PM	GROUP EXERCISE 5:30 - 6:45 PM	GROUP EXERCISE 5:30 - 6:45 PM	GROUP EXERCISE 5:30 - 6:45 PM	TEEN GYM 5:00 - 8:00 PM		FAMILY GYM 2:30 - 4:00 PM
OPEN GYM 7:00 - 9:00 PM	OPEN GYM 7:00 - 9:00 PM	MEN'S BASKETBALL LEAGUE 6:45 - 9:00 PM	MEN'S BASKETBALL LEAGUE 6:45 - 9:00 PM		1/2 FAMILY GYM 2:00 - 5:00 PM	
					1/2 OPEN GYM 2:00 - 5:00 PM	

\*\*On Saturday afternoons gym may be reserved for birthday parties, dates will be posted on white board outside the gymnasium.

Schedule is subject to change based on programming and special event needs.

Family Gym: Nets may be adjusted. Family Gym is reserved for Family Memberships only