

GYM SCHEDULE

BURBANK YMCA - Effective as of June 1st

***Reservation Required for Group Exercise & Pickle Ball**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 - 6:20 AM	OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 - 6:20 AM	OPEN GYM 5:30 – 6:45 AM			
GROUP EXERCISE 7:15 - 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 - 8:00 AM	OPEN GYM 6:30 – 10:00 AM	GROUP EXERCISE 7:15 - 8:00 AM	GROUP EXERCISE 7:15 - 8:00 AM		
OPEN GYM 8:30 – 10:15 AM	GROUP EXERCISE 8:30 - 9:15 AM	OPEN GYM 8:30 – 10:15 AM		1/2 PRE-K FLOOR HOCKEY 10:15—11:00 AM	GROUP EXERCISE 8:30 - 9:15 AM	1/2 YOUTH SPORTS 8:15 – 10:30AM	GROUP EXERCISE 8:15– 9:00 AM
	OPEN GYM 9:15 – 10:30 AM			OPEN GYM 9:30 – 10:30 AM	1/2 FAMILY GYM 1/2 OPEN GYM 10:30 AM - 5:00 PM	ADULT PICKUP B-BALL 9:00—11:00 AM	
YMCA CHILD CARE 10:30 - 11:30 AM						OPEN GYM 11:00—12:30 PM	
OPEN GYM 11:30 – 2:00 PM				YMCA AFTER SCHOOL 12:00 PM - 5:30 PM		OPEN PICKLE BALL 12:30 PM - 2:15 PM <i>*reservation required</i>	
YMCA AFTER SCHOOL 2:00 PM - 5:30 PM							WHEELCHAIR B-BALL 2:15 PM - 4:00pm
1/2 ROCK CLIMBING 4:00 – 5:30 PM		1/2 YOUTH SPORTS 4:15– 5:30 PM	1/2 YOUTH SPORTS 2:45-5:30 PM				
GROUP EXERCISE 5:30 - 6:45 PM	GROUP EXERCISE 5:30 - 6:45 PM	GROUP EXERCISE 5:30 - 6:45 PM	GROUP EXERCISE 5:30 - 6:45 PM	TEEN GYM 5:30 - 8:00 PM	SATURDAY GYM SCHEDULE ADJUSTMENTS Gym closed from 2:45pm to close 5/30		
OPEN GYM 7:00 - 9:00 PM	OPEN GYM 7:00 - 9:00 PM <i>*closed 6/16 for event*</i>	MEN'S BASKETBALL LEAGUE 6:45 - 9:00 PM	MEN'S BASKETBALL LEAGUE 6:45 - 9:00 PM				

Schedule is subject to change based on programming and special event needs.
Open & Family Gym: Caregiver must be present with children under 13 years old