

COURT SCHEDULE

Thomas M. Menino YMCA
Effective April 1-June 21



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:30 AM	Open Gym 5:30 am - 10:15 pm					CLOSED	CLOSED					
6:00 AM												
7:30 AM												
8:00 AM												
8:30 AM												
9:00 AM	Open Gym 5:30 am - 3:30 pm					Open Gym 8am-9:45am	Open Gym 8:00am - 9:45am					
9:30 AM												
10:30 AM												
10:30 AM						Stretch & Tone 10:15-11:45 Sena	Open Gym 5:30 am - 3:30 pm				Youth Sports 9:45am - 11:00am	Youth Sports 9:45am - 11:00am
11:00 AM												
11:30 AM	Open Gym 11:45 am - 3:30 pm					Family gym 11:00am - 1:30pm	Open Gym 11:00am-1:30pm					
12:00 AM												
12:30 PM												
1:00 PM												
1:30 PM												
2:00 PM	After-School Programs 3:30-5:30pm					CLOSED						
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM	Open Gym 5:30 - 8pm					CLOSED						
5:00 PM												
5:30 PM								Youth Sports 5pm - 8pm	Open Gym 5:30 - 8pm	Teen Gym 5-6:30pm	CLOSED	
6:00 PM												
6:30 PM												
7:00 PM	Open Gym 5 - 8pm					CLOSED						
7:30 PM												
8:00 PM												
8:30 PM												
9:00 PM												
9:30 PM	CLOSED					CLOSED						
10:00 PM	CLOSED					CLOSED						
10:30 PM	CLOSED					CLOSED						

Court Schedule is subject to change based on programming needs. Thank you for understanding!

Open Gym	Family Gym	Teen Programs
Closed	Group Exercise	Youth Programs

BASKETBALL COURT GUIDELINES

PERSONAL ITEMS AND LOCKERS

- Please do not leave bags, shoes, or other personal items on the gym floor.
- Personal belongings must be stored in a locker.
- Valuable lost items (wallets, phones, keys, etc.) will be kept at the Welcome Center for 1 week. We do not have a lost & found for any other items.
- The YMCA is not responsible for lost, damaged, or stolen items.

CONDUCT & SAFETY

- Family appropriate language should be used at all times.
- Immediately report any injuries, illnesses, or altercations to a YMCA staff member.
- Proper, non-marking athletic shoes are required in the gym.
- A shirt must be worn at all times.
- Please do not dunk or hang from the rims or nets.
- Chairs and tables may not be in the gym during play.

FOOD & DRINK

- Please only bring water in a resealable container. Food and other beverages should be consumed outside the gym.

BORROWING EQUIPMENT

- YMCA balls may be borrowed at the front desk with one of the following as collateral: phones/smart watches, government issued IDs from any state, territory, or country, car keys, wallets.
- The following are not accepted as collateral: Jewelry, cash, credit, or debit cards, keys (except car keys), and school or work IDs, YMCA member cards.

PHONES & MUSIC

- Please use earbuds/headphones when listening to music or other media on your device.
- The use of speakers in the gym is for YMCA staff only. Please refrain from using a Bluetooth speaker.
- Photography, video, and audio recording are not permitted in the gym or any fitness or aquatics areas of the Y.

THANK YOU FOR YOUR ATTENTION TO THESE GUIDELINES!