

# GYM SCHEDULE

Charlestown YMCA  
4/27/2026 – 6/30/2026



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00 AM											
6:30 AM											
7:00 AM	<b>Open Gym</b> 6:00am – 11:30am	<b>Open Gym</b> 6:00am – 10:00am	<b>Open Gym</b> 6:00am – 11:30am	<b>Open Gym</b> 6:00am – 11:30am	<b>Open Gym</b> 6:00am – 11:30am						
7:30 AM									<b>Open Gym</b> 7:00am – 7:45am		
8:00 AM											<b>Hybrid Fitness</b> 8:15am – 9:00am Full Court <small>*Ends June 21</small>
8:30 AM										<b>Pickleball</b> 7:45am–9:45am Full Court	<b>Pickleball</b> 9:00am–11:00am Full Court
9:00 AM										<b>Youth Program/ Pickleball</b> 9:45am–11:30pm Full Court	
9:30 AM											
10:00 AM		<b>Family Gym</b> 10:00am–11:00am Full Court									
10:30 AM											
11:00 AM											
11:30 AM	<b>Family Gym</b> 11:30am–12:30pm Full Court	<b>Open Gym</b> 11:00am – 12:30pm	<b>Family Gym</b> 11:30am–12:30pm Full Court	<b>Family Gym</b> 11:30am–12:30pm Full Court	<b>Family Gym</b> 11:30am–12:30pm Full Court	<b>Youth Program/ Family Gym</b> 11:30am–12:00pm Full Court	<b>Family Gym</b> 11:00am–12:00pm Full Court				
12:00 PM											
12:30 PM											
1:00 PM		<b>Seaport Academy</b> 12:30pm–2:00pm Full Court		<b>Seaport Academy</b> 12:30pm–2:00pm Full Court		<b>18+ Pick-up Basketball</b> 12:00pm – 2:15pm Full Court	<b>Open Gym</b> OR <b>Birthday Party</b> 12:00pm – 3:00pm <small>*Watch for birthday party rentals*</small>				
1:30 PM											
2:00 PM					<b>Open Gym</b> 12:30pm – 3:30pm						
2:30 PM	<b>Open Gym</b> 12:30p – 4:15pm	<b>Pickleball</b> 2:00pm–4:00pm Full Court	<b>Pickleball</b> 2:00pm–4:00pm Half Court	<b>Pickleball</b> 2:00pm–4:00pm Full Court							
3:00 PM											
3:30 PM									<b>Family Gym</b> 3:30pm–4:30pm Full Court		
4:00 PM											
4:30 PM		<b>Open Gym</b> 4:00pm – 6:00pm	<b>Youth Program</b> 4:00pm – 5:30pm Half Court	<b>Youth Program</b> 4:15pm – 5:45pm Half Court	<b>Youth Program</b> 4:30pm – 6:00pm Full Court	<b>Family Gym</b> OR <b>Birthday Party</b> 2:15p – 5:00p Full Court <small>*Watch for birthday party rentals*</small>					
4:30 PM	<b>Youth Program</b> 4:15pm – 6:10pm Half Court										
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM			<b>Open Gym</b> 5:30pm – 9:00pm		<b>Family Gym</b> 6:00pm – 7:00pm						
7:00 PM	<b>18+ Pick-up Basketball</b> 6:10pm – 9:00pm Full Court	<b>VOLO</b> 6:00pm – 9:00pm Full Court <small>*currently ends May 12</small>									
7:30 PM					<b>Open Gym</b> 5:45pm – 9:00pm						
8:00 PM							<b>Basketball Conditioning</b> 7-7:45 pm Half Court <small>*Ends June 19</small>				
8:30 PM											
9:00 PM											
9:30 PM											

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

[www.ymcaboston.org](http://www.ymcaboston.org)

**OPEN GYM:**

Shared gym space open to all members

**FAMILY GYM:**

Reserved gym space for youth and families