

# GYM SCHEDULE

Dorchester YMCA  
March 2026



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00 AM - 11:45 AM	CA: 6:00 AM-7:45 AM	Open Gym 6:00 AM - 10:30 AM	CA: 6:00 AM-7:45 AM	CA: 6:30 AM-8:30AM	Open Gym 7:00 - 9:45 AM	Open Gym 8:00 AM - 10:00 AM
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Gym Schedule is subject to change based on programming needs. Thank you for understanding!

\*NHCS: NEIGHBORHOOD CHARTER SCHOOL  
\*CA: CODMAN ACADEMY