

# GYM SCHEDULE

Charlestown YMCA  
4/20/26 - 4/26/26



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6:00 AM	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 10:00am	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 11:30am							
6:30 AM												
7:00 AM										Open Gym 7:00am - 7:45am		
7:30 AM												
8:00 AM											Open Gym 8:00am - 9:00am	
8:30 AM												
9:00 AM											Pickleball 9:00am-11:00am Full Court	
9:30 AM												
10:00 AM							Family Gym 10:00am-11:00am Half Court				Family Gym/ Pickleball 9:45am-11:30pm Full Court	
10:30 AM												
11:00 AM							Family Gym 11:00am-12:00pm Full Court					
11:30 AM	Family Gym 11:30am-12:30pm Full Court	Open Gym 12:30pm - 2:00pm	Family Gym 11:30am-12:30pm Full Court	Family Gym 11:30am-12:30pm Full Court	Family Gym 11:30am-12:30pm Full Court	Family Gym 11:30am-12:00pm Full Court						
12:00 PM												
12:30 PM							18+ Pick-up Basketball 12:00pm-2:00pm Full Court	Open Gym OR Birthday Party 12:00pm - 3:00pm *Watch for birthday party rentals*				
1:00 PM				Open Gym 12:30pm - 2:00pm	Open Gym 12:30pm - 2:00pm	Open Gym 12:30pm - 3:30pm						
1:30 PM												
2:00 PM												
2:30 PM	Open Gym 12:30p - 6:10pm		Pickleball 2:00pm-4:00pm Full Court	Pickleball 2:00pm-4:00pm Half Court	Pickleball 2:00pm-4:00pm Full Court			Open Gym OR Birthday Party 2:00p - 5:00p Full Court *Watch for birthday party rentals*				
3:00 PM												
3:30 PM							Family Gym 3:30pm-4:30pm Full Court					
4:00 PM												
4:30 PM			Open Gym 4:00pm - 6:00pm	Youth Program/ Warren Prescott 4:00pm - 5:30pm Half Court	Youth Program 4:15pm - 5:45pm Half Court							
5:00 PM						Open Gym 4:30pm - 8:00pm						
5:30 PM												
6:00 PM				Open Gym 5:30pm - 9:00pm								
6:30 PM												
7:00 PM		18+ Pick-up Basketball 6:10pm - 9:00pm Full Court	VOLO 6:00pm - 9:00pm Full Court		Open Gym 5:45pm - 9:00pm							
7:30 PM												
8:00 PM												
8:30 PM												
9:00 PM												
9:30 PM												

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

[www.ymcaboston.org](http://www.ymcaboston.org)

**OPEN GYM:**

Shared gym space open to all members

**FAMILY GYM:**

Reserved gym space for youth and families