

# GYM SCHEDULE

Charlestown YMCA  
4/02/26 - 4/19/26



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00 AM											
6:30 AM											
7:00 AM	<b>Open Gym</b> 6:00am - 11:30am	<b>Open Gym</b> 6:00am - 10:00am	<b>Open Gym</b> 6:00am - 11:30am	<b>Open Gym</b> 6:00am - 11:30am	<b>Open Gym</b> 6:00am - 11:30am	<b>Open Gym</b> 7:00am - 7:45am					
7:30 AM											
8:00 AM											<b>Open Gym</b> 8:00am - 9:00am
8:30 AM										<b>Pickleball</b> 7:45am-9:45am Full Court	<b>Pickleball</b> 9:00am-11:00am Full Court
9:00 AM										<b>Youth Program/ Pickleball</b> 9:45am-11:30pm Full Court	
9:30 AM											
10:00 AM		<b>Family Gym</b> 10:00am-11:00am Full Court				<b>Youth Program/ Family Gym</b> 11:30am-12:00pm Full Court	<b>Family Gym</b> 11:00am-12:00pm Full Court				
10:30 AM											
11:00 AM		<b>Open Gym</b> 11:00am - 12:30pm									
11:30 AM	<b>Family Gym</b> 11:30am-12:30pm Full Court			<b>Family Gym</b> 11:30am-12:30pm Full Court	<b>Family Gym</b> 11:30am-12:30pm Full Court	<b>Family Gym</b> 11:30am-12:30pm Full Court					
12:00 PM						<b>18+ Pick-up Basketball</b> 12:00pm - 2:15pm Full Court	<b>Open Gym</b> OR <b>Birthday Party</b> 12:00pm - 3:00pm *Watch for birthday party rentals*				
12:30 PM		<b>Seaport Academy</b> 12:30pm-2:00pm Full Court		<b>Seaport Academy</b> 12:30pm-2:00pm Full Court	<b>Open Gym</b> 12:30pm - 3:30pm						
1:00 PM											
1:30 PM											
2:00 PM											
2:30 PM	<b>Open Gym</b> 12:30p - 4:15pm	<b>Pickleball</b> 2:00pm-4:00pm Full Court	<b>Pickleball</b> 2:00pm-4:00pm Half Court	<b>Pickleball</b> 2:00pm-4:00pm Full Court		<b>Family Gym</b> OR <b>Birthday Party</b> 2:15p - 5:00p Full Court *Watch for birthday party rentals*					
3:00 PM											
3:30 PM											
4:00 PM					<b>Family Gym</b> 3:30pm-4:30pm Full Court						
4:30 PM	<b>Youth Program</b> 4:15pm - 6:10pm Half Court	<b>Open Gym</b> 4:00pm - 6:00pm	<b>Youth Program</b> 4:00pm - 5:30pm Half Court	<b>Youth Program</b> 4:15pm - 5:45pm Half Court	<b>Youth Program</b> 4:30pm - 6:00pm Full Court						
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM			<b>Open Gym</b> 5:30pm - 9:00pm		<b>Open Gym</b> 6:00pm - 8:00pm						
7:00 PM	<b>18+ Pick-up Basketball</b> 6:10pm - 9:00pm Full Court	<b>VOLO</b> 6:00pm - 9:00pm Full Court		<b>Open Gym</b> 5:45pm - 9:00pm							
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											
9:30 PM											

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

[www.ymcaboston.org](http://www.ymcaboston.org)

**OPEN GYM:**

Shared gym space open to all members

**FAMILY GYM:**

Reserved gym space for youth and families