

# GYM SCHEDULE

**BURBANK YMCA - Effective as of February 23rd**

**\*Reservation Required for Group Exercise & Pickle Ball**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>OPEN GYM</b> 5:30 – 6:45 AM	<b>GROUP EXERCISE</b> 5:35 - 6:20 AM	<b>OPEN GYM</b> 5:30 – 6:45 AM	<b>GROUP EXERCISE</b> 5:35 - 6:20 AM	<b>OPEN GYM</b> 5:30 – 6:45 AM			
<b>GROUP EXERCISE</b> 7:15 - 8:00 AM	<b>GYM CLOSED</b>	<b>GROUP EXERCISE</b> 7:15 - 8:00 AM	<b>GYM CLOSED</b>	<b>GROUP EXERCISE</b> 7:15 - 8:00 AM	<b>GROUP EXERCISE</b> 7:15 - 8:00 AM		
<b>OPEN GYM</b> 8:30 – 10:15 AM	<b>GROUP EXERCISE</b> 8:30 - 9:15 AM	<b>OPEN GYM</b> 8:30 – 10:15 AM	<b>OPEN GYM</b> 8:30 – 10:30 AM	<b>GROUP EXERCISE</b> 8:30 - 9:15 AM	<b>OPEN GYM</b> 8:15 – 10:15AM	<b>GROUP EXERCISE</b> 8:15– 9:00 AM	
	<b>OPEN GYM</b> 9:15 – 10:30 AM	<b>1/2 PRE-K SOCCER</b> 10:15—11:00 AM		<b>OPEN GYM</b> 9:30 – 10:30 AM		<b>ADULT PICKUP B-BALL</b> 9:00—11:00 AM	
<b>YMCA CHILD CARE</b> 10:30 - 11:30 AM							
<b>OPEN GYM</b> 11:30 – 2:00 PM	<b>OPEN PICKLE BALL</b> 11:45 AM – 1:45 PM	<b>OPEN GYM</b> 11:30 – 2:00 PM	<b>OPEN PICKLE BALL</b> 11:45 AM – 1:45 PM	<b>YMCA AFTER SCHOOL</b> 12:00 PM - 5:30 PM	<b>YOUTH SPORTS</b> 10:15AM - 12:00 PM	<b>OPEN GYM</b> 11:00—1:00 PM	
<b>YMCA AFTER SCHOOL</b> 2:00 PM - 5:30 PM							
<b>1/2 ROCK CLIMBING</b> 4:00 – 5:30 PM	<b>1/2 YOUTH SPORTS</b> 4:15– 5:30 PM		<b>1/2 YOUTH B-BALL</b> 3:15-4:30 PM				
<b>GROUP EXERCISE</b> 5:45 - 6:30 PM	<b>GROUP EXERCISE</b> 5:45 - 6:30 PM	<b>GROUP EXERCISE</b> 5:45 - 6:30 PM	<b>GROUP EXERCISE</b> 5:45 - 6:30 PM	<b>TEEN MARCH MADNESS 3V3 TOURNAMENT</b> 6:00 - 7:30PM	<b>SATURDAY GYM SCHEDULE ADJUSTMENTS</b> Gym closed from 2:45-4:15pm on 2/28, 3/7, 3/14, 3/28, 4/11, 4/25 Gym closed at 4:30pm on 3/21, 4/18	<b>OPEN PICKLE BALL</b> 1:00 PM - 3:00 PM <i>*reservation required</i>	
<b>OPEN GYM</b> 7:00 - 9:00 PM	<b>VOLO VOLLEYBALL LEAGUE</b> 7:00 - 9:00 PM	<b>MEN'S BASKETBALL LEAGUE</b> 7:00 - 9:00 PM	<b>MEN'S BASKETBALL LEAGUE</b> 7:00 - 9:00 PM	<b>TEEN GYM</b> 7:30 - 8:00 PM		<b>OPEN GYM</b> 3:00 PM - 4:00 PM	

For more info on the Teen March Madness 3v3 Tournament contact nmanganiello@ymcaboston.org

Schedule is subject to change based on programming and special event needs.