

# SEA DRAGONS BURBANK YMCA 2026 SUMMER TRYOUTS AND TRAINING SCHEDULE

All new swimmers must participate in a tryout before being registered for the Sea Dragons Swim Team.



**THE SEA DRAGONS SEASON  
RUNS APRIL 1-JULY 31**

**TRYOUTS RUN LAST TUESDAY OF THE MONTH AT 5PM**

FEBRUARY 24

APRIL 28

MARCH 24

MAY AND BEYOND TBD

**PRIOR TO PLACEMENT, SWIMMER WILL BE ASSESSED ON**

FOUR COMPETITIVE STROKES AND RACE STARTS

BUTTERFLY            BACKSTROKE  
BREASTSTROKE    FREESTYLE

**SUMMER SEASON SCHEDULE (MON-FRI)**

DEVELOPMENTAL: 4PM-4:30PM      COMPETITIVE: 5:30PM-7PM

JR AND SR PREP: 4:30PM-5:30PM

**QUESTIONS? EMAIL COACH LINA at [LBOT@YMCA.BOSTON.ORG](mailto:LBOT@YMCA.BOSTON.ORG)**



SCAN CODE FOR FAQ  
AND MORE INFO

