

GYM SCHEDULE

Charlestown YMCA
2/23/26 – 4/04/26



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00 AM											
6:30 AM											
7:00 AM	Open Gym 6:00am – 11:30am	Open Gym 6:00am – 10:00am	Open Gym 6:00am – 11:30am	Open Gym 6:00am – 11:30am	Open Gym 6:00am – 11:30am	Open Gym 7:00am – 7:45am					
7:30 AM											
8:00 AM											Open Gym 8:00am – 9:00am
8:30 AM										Pickleball 7:45am–9:45am Full Court	Pickleball 9:00am–11:00am Full Court
9:00 AM											
9:30 AM											
10:00 AM		Family Gym 10:00am–11:00am Full Court				Youth Program/ Pickleball 9:45am–11:30pm Full Court					
10:30 AM											
11:00 AM							Family Gym 11:00am–12:00pm Full Court				
11:30 AM	Family Gym 11:30am–12:30pm Full Court	Spaulding 11:00am–12:30pm Half Court	Family Gym 11:30am–12:30pm Full Court	Family Gym 11:30am–12:30pm Full Court	Family Gym 11:30am–12:30pm Full Court	Youth Program/ Family Gym 11:30am–12:00pm Full Court					
12:00 PM											
12:30 PM		Seaport Academy 12:30pm–2:00pm Full Court		Seaport Academy 12:30pm–2:00pm Full Court	Open Gym 12:30pm – 3:30pm	18+ Pick-up Basketball 12:00pm – 2:15pm Full Court	Open Gym OR Birthday Party 12:00pm – 3:00pm *Watch for birthday party rentals*				
1:00 PM											
1:30 PM											
2:00 PM	Open Gym 12:30p – 4:15pm	Pickleball 2:00pm–4:00pm Full Court	Pickleball 2:00pm–4:00pm Half Court	Pickleball 2:00pm–4:00pm Full Court	Family Gym 3:30pm–4:30pm Full Court	Family Gym OR Birthday Party 2:15p – 5:00p Full Court *Watch for birthday party rentals*					
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM	Youth Program 4:15pm – 6:10pm Half Court	CYB 4:30pm–6:00pm Full Court	Youth Program/ Warren Prescott 4:00pm – 5:30pm Full Court	Youth Program 4:15pm – 5:45pm Full Court							
5:00 PM											
5:30 PM					Youth Program 4:30pm – 8:00pm Full Court						
6:00 PM											
6:30 PM											
7:00 PM	18+ Pick-up Basketball 6:10pm – 9:00pm Full Court	VOLO 6:00pm – 9:00pm Full Court	MGH 5:30pm – 9:00pm Full Court	CYB 5:45pm – 9:00pm Full Court							
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											
9:30 PM											

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:

Shared gym space open to all members

FAMILY GYM:

Reserved gym space for youth and families