

GYM SCHEDULE

Charlestown YMCA
1/06/26 - 2/15/26



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
6:30 AM							
7:00 AM	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 10:00am	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 11:30am	Open Gym 7:00am - 7:45am	
7:30 AM							
8:00 AM					Open Gym 6:00am - 11:30am	Pickleball 7:45am-9:45am Full Court	Open Gym 8:00am - 9:00am
8:30 AM							
9:00 AM						Youth Program/ Pickleball 9:45am-11:30pm Full Court	
9:30 AM						Youth Program/ Family Gym 11:30am-12:00pm Full Court	
10:00 AM		Family Gym 10:00am-11:00am Full Court					
10:30 AM							
11:00 AM							Family Gym 11:00am-12:00pm Full Court
11:30 AM	Family Gym 11:30am-12:30pm Full Court	Spaulding 11:00am-12:30pm Half Court	Family Gym 11:30am-12:30pm Full Court	Family Gym 11:30am-12:30pm Full Court	Family Gym 11:30am-12:30pm Full Court	18+ Pick-up Basketball 12:00pm-2:00pm Full Court	
12:00 PM							
12:30 PM							
1:00 PM		Seaport Academy 12:30pm-2:00pm Full Court					
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM	Open Gym 12:30p - 4:15pm	Pickleball 2:00pm-4:00pm Full Court	Pickleball 2:00pm-4:00pm Half Court	Pickleball 2:00pm-4:00pm Full Court	Open Gym 12:30pm - 3:30pm		
3:30 PM							
4:00 PM						Family Gym 3:30pm-4:30pm Full Court	
4:30 PM	Youth Program 4:15pm - 6:10pm Half Court	CYB 4:30pm-6:00pm Full Court	Youth Program 4:30pm - 5:30pm Half Court	Youth Program 4:15pm - 5:45pm Half Court			
5:00 PM							
5:30 PM							
6:00 PM						Youth Program 4:30pm - 8:00pm Full Court	
6:30 PM							
7:00 PM	18+ Pick-up Basketball 6:10pm -9:00pm Full Court	VOLO 6:00pm - 9:00pm Full Court	MGH 5:30pm - 9:00pm Full Court	CYB 5:45pm - 9:00pm Full Court			
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:

Shared gym space open to all members

FAMILY GYM:

Reserved gym space for youth and families