

GYM SCHEDULE

BURBANK YMCA - Effective as of January 5th

*Reservation Required for Group Exercise & Pickle Ball



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM		
GROUP EXERCISE 7:15 - 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 - 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 - 8:00 AM	GROUP EXERCISE 7:15 - 8:00 AM	
OPEN GYM 8:30 – 10:15 AM	GROUP EXERCISE 8:30 - 9:15 AM	OPEN GYM 8:30 – 10:15 AM	GROUP EXERCISE 8:30 - 9:15 AM	GROUP EXERCISE 8:30 - 9:15 AM	OPEN GYM 8:15 – 8:45AM	GROUP EXERCISE 8:15– 9:00 AM
1/2 PRE-K B-BALL 10:15 - 11:00 AM	OPEN GYM 9:30 – 10:30 AM	1/2 PRE-K SOCCER 10:15—11:00 AM	OPEN GYM 9:30 – 10:30 AM	OPEN GYM 9:30 – 10:30 AM		OPEN GYM 9:00 AM - 11:00 AM
YMCA CHILD CARE 10:30 - 11:30 AM						
OPEN GYM 11:30 – 2:00 PM	OPEN PICKLE BALL 11:45 AM – 1:45 PM	OPEN GYM 11:30 – 2:00 PM	OPEN PICKLE BALL 11:45 AM – 1:45 PM		YOUTH SPORTS 8:45AM - 2:30 PM	ADULT PICKUP B-BALL 11:00 - 1:00 PM
YMCA AFTER SCHOOL 2:00 PM - 5:30 PM						
1/2 ROCK CLIMBING 4:00 – 5:30 PM		1/2 YOUTH SOCCER 3:15– 4:30 PM	1/2 JR. CELTICS 4:30– 5:15 PM		1/2 FAMILY GYM 1/2 OPEN GYM 2:30 PM - 5:00 PM	OPEN PICKLE BALL 1:00 PM - 3:00 PM <i>*reservation required</i>
GROUP EXERCISE 5:45 - 6:30 PM	GROUP EXERCISE 5:45 - 6:30 PM	GROUP EXERCISE 5:45 - 6:30 PM	GROUP EXERCISE 5:45 - 6:30 PM		SATURDAY GYM SCHEDULE ADJUSTMENTS Gym closed from 2:45-4:15pm on 1/10, 1/17, 1/31, 2/7, 2/14, 2/28 Gym closes at 4:30pm on 1/24 & 2/21	OPEN GYM 3:30 PM - 4:00 PM
OPEN GYM 7:00 - 9:00 PM	VOLO VOLLEYBALL LEAGUE 7:00 - 9:00 PM Starts 1/20	MEN'S BASKETBALL LEAGUE 7:00 - 9:00 PM Starts 1/14	MEN'S BASKETBALL LEAGUE 7:00 - 9:00 PM Starts 1/14	TEEN GYM 5:00- 8:00 PM		SUNDAY GYM SCHEDULE ADJUSTMENTS GYM CLOSED 2/8 from 1-3pm for special event

Schedule is subject to change based on programming and special event needs.