

GYM SCHEDULE

Parkway Community YMCA
December 22 – January 2



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM							
5:30 AM							
6:00 AM		Open Gym 5:00 – 7:15 AM	Open Gym 5:00 – 7:15 AM	Open Gym 5:00 – 7:15 AM	Open Gym 5:00 – 7:15 AM	Open Gym 5:00 – 7:15 AM	
6:30 AM	Open Gym 6:00 – 7:45 AM						
7:00 AM							
7:30 AM							
8:00 AM	Tone & Sculpt 8:00 – 8:45 AM						
8:30 AM							
9:00 AM	Open Gym 9:00 – 10:00 AM						
9:30 AM							
10:00 AM							
10:30 AM	Family Pickleball (kids under 12) 10:00 – 12:00 PM						
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM		BPS OST GYM CLOSED 7:30AM–6PM	BPS OST GYM CLOSED 7:30AM–6PM	BPS OST GYM CLOSED 7:30AM–6PM	BPS OST GYM CLOSED 7:30AM–6PM	BPS OST GYM CLOSED 7:30AM–6PM	Open Gym 6:00 – 10:00AM
1:00 PM	Family Gym (Kids under 12) 12:15 – 2:00 PM						
1:30 PM							
2:00 PM							
2:30 PM							Family Gym (Kids under 12) 10:00AM – 1:00 PM
3:00 PM							
3:30 PM							
4:00 PM	Teen Open Gym 2:00 – 5:30PM						
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM		Zumba 6:00 – 7:00 PM					
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM		Beginner Pickleball Age 18+ 7:10pm – 9:30 PM	Basketball Gym 6:00pm – 9:30 PM	Beginner Pickleball Age 18+ 6:00PM – 9:30 PM	Basketball Gym 6:00PM – 9:30 PM	Basketball Gym 6:00PM – 9:30 PM	
9:00 PM							
9:30 PM							

Building Hours

Gym Schedule is subject to change based on programming needs.
Thank you for understanding!

www.ymcaboston.org/parkway

Monday–Friday
5:00AM–10:00PM
Saturday & Sunday
6:00AM–6:00PM