

GYM SCHEDULE

Parkway Community YMCA
December 22 – January 2



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM							
5:30 AM							
6:00 AM		Open Gym 5:00 - 7:15 AM	Open Gym 5:00 - 7:15 AM	Open Gym 5:00 - 7:15 AM	Open Gym 5:00 - 7:15 AM	Open Gym 5:00 - 7:15 AM	
6:30 AM	Open Gym 6:00 - 7:45 AM						
7:00 AM							
7:30 AM							
8:00 AM	Tone & Sculpt 8:00 - 8:45 AM						
8:30 AM							
9:00 AM	Open Gym 9:00 - 10:00AM						
9:30 AM							
10:00 AM	Family Pickleball (kids under 12) 10:00 - 12:00 PM						
10:30 AM							
11:00 AM							
11:30 AM							Family Gym (kids under 12) 10:00AM-1:00 PM
12:00 PM		BPS OST GYM CLOSED 7:30AM-6PM	BPS OST GYM CLOSED 7:30AM-6PM	BPS OST GYM CLOSED 7:30AM-6PM	BPS OST GYM CLOSED 7:30AM-6PM	BPS OST GYM CLOSED 7:30AM-6PM	
12:30 PM							
1:00 PM	Family Gym (kids under 12) 12:15- 2:00 PM						
1:30 PM							
2:00 PM							
2:30 PM	Teen Open Gym 2:00 - 5:30PM						Beginner Pickleball Age 18+ 1:00PM- 2:30 PM
3:00 PM							
3:30 PM							
4:00 PM							Open Gym 2:30PM - 5:30PM
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM	Zumba 6:00 - 7:00 PM						
6:30 PM							
7:00 PM							
7:30 PM	Beginner Pickleball Age 18+ 7:30pm- 9:30 PM		Basketball Gym 6:00pm - 9:30 PM	Beginner Pickleball Age 18+ 6:00PM- 9:30 PM	Basketball Gym 6:00PM - 9:30 PM	Basketball Gym 6:00PM - 9:30 PM	
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Building Hours

Gym Schedule is subject to change based on programming needs.
Thank you for understanding!

www.ymcaboston.org/parkway

Monday-Friday
5:00AM-10:00PM
Saturday & Sunday
6:00AM-6:00PM