

GYM SCHEDULE

Charlestown YMCA
12/06/25 - 1/05/26



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 11:00am	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 11:30am	Open Gym 6:00am - 7:00am		
6:30 AM							
7:00 AM					Converse 7:00am-8:30am Half Court	Open Gym 7:00am - 7:45am	
7:30 AM							
8:00 AM							Open Gym 8:00am - 9:00am
8:30 AM						Pickleball 7:45am-9:45am Full Court	
9:00 AM					Open Gym 8:30am - 11:30am		Pickleball 9:00am-11:00am Full Court
9:30 AM						Youth Program/ Pickleball 9:45am-11:30pm Full Court	
10:00 AM							
10:30 AM							
11:00 AM	Family Gym 11:30am-12:30pm Full Court	Spaulding 11:00am-12:30pm Half Court	Family Gym 11:30am-12:30pm Full Court	Family Gym 11:30am-12:30pm Full Court	Family Gym 11:30am-12:30pm Full Court	Youth Program/ Family Gym 11:30am-12:00pm Full Court	Family Gym 11:00am-12:00pm Full Court
11:30 AM							
12:00 PM	Open Gym 12:30p - 4:15pm	Seaport Academy 12:30pm-2:00pm Full Court		Seaport Academy 12:30pm-2:00pm Full Court		18+ Pick-up Basketball 12:00pm-2:00pm Full Court	Open Gym OR Birthday Party 12:00pm - 3:00pm *Watch for birthday party rentals*
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM					Open Gym 12:30pm - 3:30pm		
2:30 PM		Pickleball 2:00pm-4:00pm Full Court	Pickleball 2:00pm-4:00pm Half Court	Pickleball 2:00pm-4:00pm Full Court		Family Gym OR Birthday Party 2:00p - 5:00p Full Court *Watch for birthday party rentals*	
3:00 PM							
3:30 PM					Family Gym 3:30pm-4:30pm Full Court		
4:00 PM							
4:30 PM		Open Gym 4:00pm - 6:00pm					
5:00 PM	Youth Program 4:15pm - 6:10pm Half Court		Youth Program 4:30pm - 5:30pm Half Court	Youth Program 4:15pm - 5:45pm Half Court			
5:30 PM					Youth Program 4:30pm - 7:00pm Full Court		
6:00 PM	18+ Pick-up Basketball 6:10pm - 9:00pm Full Court	VOLO 6:00pm - 9:00pm Full Court	½ Court Open Gym ½ Court Family Gym 5:30pm - 9:00pm	½ Court Open Gym ½ Court Family Gym 5:45pm - 9:00pm			
6:30 PM							
7:00 PM							
7:30 PM					Open Gym 7:00pm - 8:00pm		
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:

Shared gym space open to all members

FAMILY GYM:

Reserved gym space for youth and families