

# GYM SCHEDULE

Wang YMCA of Chinatown  
Effective September 2025



COURT 1 (LOBBY SIDE)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00am - 7:15am	Open Gym 6:00am - 7:15am	Open Gym 6:00am - 7:15am	Open Gym 6:00am - 7:15am	Natixis 6:00am - 7:15am	CLOSED	CLOSED
7:15 AM						Pickup Basketball 7:00am - 9:00am	
8:00 AM	OST Before School 8:00am - 9:00am	OST Before School 8:00am - 9:00am	OST Before School 8:00am - 9:00am	OST Before School 8:00am - 9:00am	OST Before School 8:00am - 9:00am		
9:00 AM						Sports Class 9:00am - 10:30am	Pickup Basketball 9:00am - 10:30am
10:15 AM	Open Gym 9:00am - 3:00pm	Open Gym 9:00am - 3:00pm	Open Gym 9:00am - 3:00pm	Open Gym 9:00am - 12:00pm Ping Pong 12:00pm - 2:30pm	Open Gym 9:00am - 3:00pm	Pickleball 10:30am - 12:00pm	Pickleball 10:30am - 11:30am
3:00 PM	OST After School 3:00pm - 5:45pm	OST After School 3:00pm - 5:45pm	OST After School 3:00pm - 5:45pm	OST After School 3:00pm - 5:45pm	OST After School 3:00pm - 5:45pm	Family Gym / Birthday Parties 12:00pm - 4:45pm	Ping Pong/Badminton 11:30am - 2:00pm Family Gym 2:00pm - 4:45pm
5:00 PM							
6:00 PM	Volo 5:45pm - 8:45pm	Open Gym 5:45pm - 8:45pm	Volo 5:45pm - 8:45pm	Open Gym 5:45pm - 8:45pm	Teen Basketball 5:45pm - 6:45pm	CLOSED	CLOSED
7:00 PM					Teen Volleyball 6:45pm - 9:45pm		
8:00 PM							
9:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
10:00 PM							

COURT 2 (FAR SIDE)

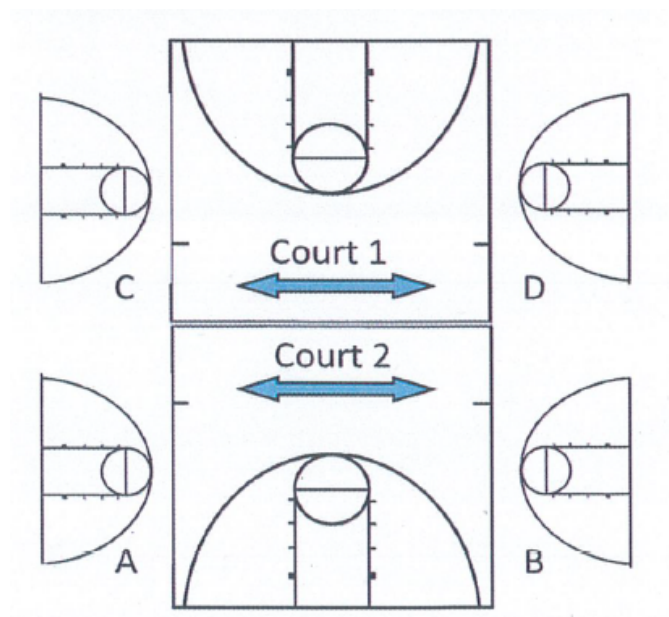
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00am - 12:00pm	Open Gym 6:00am - 8:00am	Open Gym 6:00am - 8:00am	Open Gym 6:00am - 8:00am	Open Gym 6:00am - 8:00am	CLOSED	CLOSED
7:15 AM						Pickup Basketball 7:00am - 9:00am	
10:00 AM		EMK Rental 8:00am - 3:00pm	EMK Rental 8:00am - 2:00pm	EMK Rental 8:00am - 3:00pm	EMK Rental 8:00am - 2:00pm	Open Gym 9:00am - 12:00pm	Pickup Basketball 9:00am - 12:00pm
11:00 AM							
12:00 PM	Ping Pong 12:00pm - 2:30pm					Ping Pong/Badminton 12:00pm - 3:00pm	Open Gym 12:00pm - 4:45pm
1:00 PM							
2:30 PM							
3:00 PM	Teen Gym 2:30pm - 5:45pm	Open Gym 3:00pm - 5:30pm	Teen Gym 2:30pm - 5:45pm	Open Gym 3:00pm - 6:45pm	Teen Gym 2:30pm - 5:45pm	Family Gym 3:00pm - 4:45pm	
4:45 PM							
5:00 PM							
6:00 PM	Volo 5:45pm - 8:45pm	Teen Volleyball 5:30pm - 8:45pm	Volo 5:45pm - 8:45pm	TUFTS Rental 6:45pm - 7:45pm	BTSNE Wrestling 5:45pm - 8:45pm	CLOSED	CLOSED
7:00 PM				Open Gym 7:45pm - 8:45pm			
8:00 PM							
9:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	Open Gym 8:45pm - 9:45pm		
10:00 PM					CLOSED		

# GYM RULES & EXPECTATIONS



- No food or drink. Spillproof containers only.
- We are a family facility; appropriate language is expected.
- Zero tolerance on fighting or rough play.
- Members are not allowed in the gym during the closed programs.
- Shirt and shoes are required at all times. Please change in the locker room or bathroom.
- Treat YMCA equipment with care and respect.
- The YMCA is not responsible for lost or stolen items. Keep personal belongings locked up.
- Schedule is subject to change to accommodate outdoor programs due to weather and based on programming needs. Thank you for understanding!
- Courts may be closed for programs or rentals. We will do our best to inform members of these closures.

## GYM MAP



**YMCA staff have final authority to enforce gym rules and provide additional guidelines for the safety of our members, children and families. Failure to comply may result in a loss of membership privileges.**