## **GYM SCHEDULE**

## Wang YMCA of Chinatown Effective September 22<sup>nd</sup> - October 31<sup>st</sup> 2025



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
7:15 AM							
8:00 AM							
9:00 AM							
10:15 AM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
3:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
7:15 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
3:00 PM							
4:45 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

Open Gym/Pick-up	School-based Programming			
Rental/Event	Family Gym	Member Programs		

## **GYM RULES & EXPECTATIONS**



- No food or drink. Spillproof containers only.
- We are a family facility; appropriate language is expected.
- Zero tolerance on fighting or rough play.
- Members are not allowed in the gym during the closed programs.
- Shirt and shoes are required at all times. Please change in the locker room or bathroom.
- Treat YMCA equipment with care and respect.
- The YMCA is not responsible for lost or stolen items. Keep personal belongings locked up.
- Schedule is subject to change to accommodate outdoor programs due to weather and based on programming needs. Thank you for understanding!
- Courts may be closed for programs or rentals. We will do our best to inform members of these closures.

**GYM MAP** 

YMCA staff have final authority to enforce gym rules and provide additional guidelines for the safety of our members, children and families. Failure to comply may result in a loss of membership privileges.

