

# GYM SCHEDULE

Wang YMCA of Chinatown  
Effective September 2025



COURT 1 (LOBBY SIDE)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00am - 7:15am	Open Gym 6:00am - 7:15am	Open Gym 6:00am - 7:15am	Open Gym 6:00am - 7:15am	Open Gym 6:00am - 7:15am	CLOSED	CLOSED
7:15 AM							
8:00 AM	OST Before School 8:00am-9:00am	OST Before School 8:00am-9:00am	OST Before School 8:00am-9:00am	OST Before School 8:00am-9:00am	OST Before School 8:00am-9:00am	Pickup Basketball 7:00am - 10:30am	
9:00 AM							Pickup Basketball 9:00am - 10:30am
10:15 AM	Open Gym 9:00am-3:00pm	Open Gym 9:00am-3:00pm	Open Gym 9:00am-3:00pm	Open Gym 9:00am-3:00pm	Open Gym 9:00am-3:00pm	Guided Pickleball 10:0am - 12:30pm	Pickleball 10:30am - 11:30am
3:00 PM	OST After School 3:00pm - 6:00pm	OST After School 3:00pm - 6:00pm	OST After School 3:00pm - 6:00pm	OST After School 3:00pm - 6:00pm	OST After School 3:00pm - 6:00pm	Family Gym / Birthday Parties 12:00pm -4:45pm	Ping Pong/Badminton 11:30am -2:00pm
5:00 PM							Family Gym 2:00pm -4:45pm
6:00 PM	Volo 5:45pm - 8:45pm	Open Gym 6:00pm-8:45pm	Volo 5:45pm - 8:45pm	Open Gym 6:00pm - 8:45pm	Teen Basketball 5:45pm-6:45pm	CLOSED	CLOSED
7:00 PM							
8:00 PM					Teen Volleyball 6:45pm-9:45pm		
9:00 PM							
10:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

COURT 2 (FAR SIDE)

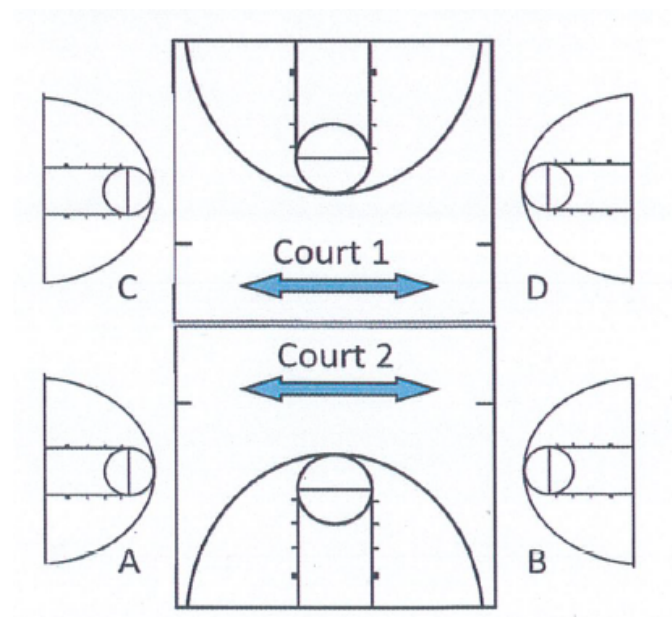
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00am - 12:00pm	Open Gym 6:00am -2:30pm	Open Gym 6:00am -2:30pm	Open Gym 6:00am - 12:00pm	Open Gym 6:00am - 2:30pm	Pickup Basketball 7:00am - 9:00am	CLOSED
7:15 AM						Open Gym 9:00am-12:00pm	
10:00 AM							
11:00 AM							
12:00 PM	Ping Pong 12:00pm - 2:30pm			Ping Pong 12:00pm - 2:30pm		Ping Pong 12:00pm - 3:00pm	Open Gym 12:00pm-4:45pm
1:00 PM							
2:30 PM							
3:00 PM	Teen Gym 2:30pm-5:45pm	Teen Gym 2:30pm-5:30pm	Teen Gym 2:30pm-5:30pm	Teen Gym 2:30pm-5:30pm	Teen Gym 2:30pm-5:30pm	Family Gym 3:00pm -4:45pm	
4:45 PM							
5:00 PM							
6:00 PM	Volo 5:45pm - 8:45pm	Teen Volleyball 5:30pm - 8:45pm	Volo 5:45pm - 8:45pm	Open Gym 5:30pm - 6:45pm	BTSNE Wrestling 5:45pm - 8:45pm	CLOSED	CLOSED
7:00 PM				TUFTS Rental 6:45pm - 7:45pm			
8:00 PM				Open Gym 7:45pm - 8:45pm			
9:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	Open Gym 8:45pm-9:45pm		
10:00 PM							

# GYM RULES & EXPECTATIONS



- No food or drink. Spillproof containers only.
- We are a family facility; appropriate language is expected.
- Zero tolerance on fighting or rough play.
- Members are not allowed in the gym during the closed programs.
- Shirt and shoes are required at all times. Please change in the locker room or bathroom.
- Treat YMCA equipment with care and respect.
- The YMCA is not responsible for lost or stolen items. Keep personal belongings locked up.
- Schedule is subject to change to accommodate outdoor programs due to weather and based on programming needs. Thank you for understanding!
- Courts may be closed for programs or rentals. We will do our best to inform members of these closures.

## GYM MAP



**YMCA staff have final authority to enforce gym rules and provide additional guidelines for the safety of our members, children and families. Failure to comply may result in a loss of membership privileges.**