

GYM SCHEDULE

Charlestown YMCA
6/25/25 – 9/7/25



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00 AM	Open Gym 6:00am – 11:30am	Open Gym 6:00am – 2:00pm	Open Gym 6:00am – 11:30am	Open Gym 6:00am – 11:30am	Open Gym 6:00am – 7:00am			
6:30 AM								
7:00 AM					Converse 7:00am–8:30am Half Court	Open Gym 7:00am – 7:45am		
7:30 AM								
8:00 AM							Open Gym 8:00am – 9:00am	
8:30 AM						Pickleball 7:45am–9:45am Full Court		
9:00 AM					Open Gym 8:30am – 11:30am		Pickleball 9:00am–11:00am Full Court	
9:30 AM						Family Gym/ Pickleball 9:45am–11:00pm Half Court		
10:00 AM								
10:30 AM						Family Gym 11:00am–12:00pm Full Court	Family Gym 11:00am–12:00pm Full Court	
11:00 AM	Family Gym 11:30am–12:30pm Full Court		Family Gym 11:30am–12:30pm Full Court	Family Gym 11:30am–12:30pm Full Court	Family Gym 11:00am–12:00pm Full Court			
11:30 AM								
12:00 PM	Family Gym 11:30am–12:30pm Full Court	Pickleball 2:00pm–4:00pm Full Court				18+ Pick-up Basketball 12:00pm –2:00pm Full Court	Open Gym OR Birthday Party 12:00pm – 3:00pm *Watch for birthday party rentals*	
12:30 PM	Open Gym 12:30p – 6:00pm							
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM								
6:00 PM	18+ Pick-up Basketball 6:00pm – 9:00pm Full Court	VOLO 6:00pm – 9:00pm Full Court	Open Gym 4:00pm – 9:00pm	Youth Program 4:00pm – 5:00pm Half Court	Open Gym 12:30pm – 8:00pm			
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								
9:30 PM								

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:

Shared gym space open to all members

FAMILY GYM:

Reserved gym space for youth and families