

# GYM SCHEDULE

Parkway Community YMCA  
June 23– September 6, 2025



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday								
5:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM										
5:30 AM															
6:00 AM						Intermediate Pickleball 6:00 – 7:30 AM	Open Gym 6:00 – 9:00AM								
6:30 AM															
7:00 AM						Advanced Pickleball 7:30 – 9:00 AM									
7:30 AM															
8:00 AM	CAMP 7:00 AM–6:00 PM	CAMP 7:00 AM–5:45PM	CAMP 7:00 AM–5:45 PM	CAMP 7:00 AM–6:00 PM	CAMP 7:00 AM–6:00 PM	Beginners Pickleball 9:00 – 10:30 AM	Family Pickleball 9:00– 11:00 AM								
9:30 AM															
10:00 AM															
10:30 AM															
11:00 AM						Private Training 11:00– 5:30PM	Family Gym 11:00 – 2:30 PM								
11:30 AM															
12:00 PM															
12:30 PM							Family Gym 11:00 – 2:30 PM								
1:00 PM															
1:30 PM							Teen Open Gym 2:30PM – 5:30 PM								
2:00 PM															
2:30 PM															
3:00 PM							Teen Open Gym 2:30 – 5:30PM								
3:30 PM															
4:00 PM															
4:30 PM															
5:00 PM															
5:30 PM															
6:00 PM						Zumba 6:00 – 7:00 PM		3v3 Private Training 5:45–8 PM	3v3 Private Training 5:45–8 PM	Open Gym 6:00 – 9:30 PM	Private Training 6:00– 9:30 PM	Family Gym 6:00 – 7:30 PM			
6:30 PM						Basketball Open Gym 7:00– 9:30 PM									
7:00 PM						Basketball Open Gym 7:00– 9:30 PM		Open Gym 8:15–9:30 PM				Teen Open Gym 7:30 – 9:30 PM			
7:30 PM															
8:00 PM															
8:30 PM															
9:00 PM															
9:30 PM															

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

[www.ymcaboston.org/parkway](http://www.ymcaboston.org/parkway)

## Building Hours

Monday–Friday  
5:00AM–10:00PM  
Saturday & Sunday  
6:00AM–6:00PM