

GYM SCHEDULE

Parkway Community YMCA
June 23– September 6, 2025



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM	Open Gym 5:00 – 7:00 AM		
5:30 AM							
6:00 AM						Intermediate Pickleball 6:00 – 7:30 AM	Open Gym 6:00 – 7:45 AM
6:30 AM							
7:00 AM	CAMP 7:00 AM–6:00 PM	CAMP 7:00 AM–6:00 PM	CAMP 7:00 AM–6:00 PM	CAMP 7:00 AM–6:00 PM	CAMP 7:00 AM–6:00 PM	Advanced Pickleball 7:30 – 8:30 AM	Tone & Sculpt 8:00 – 8:45 AM
7:30 AM							
8:00 AM						Beginners Pickleball 8:30 – 9:45 AM	Family Pickleball 9:00 – 11:00 AM
8:30 AM							
9:00 AM							
9:30 AM						Zumba 10:00 – 11:00 AM	
10:00 AM						Private Training 11:00– 5:30PM	Family Gym 11:00 – 2:30 PM
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							Family Gym 11:00 – 2:30 PM
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM						Teen Open Gym 2:30PM – 5:30 PM	Teen Open Gym 2:30 – 5:30PM
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM	Zumba 6:00 – 7:00 PM	Open Gym 6:00– 9:30 PM	Private Training 6:00– 9:30 PM	Open Gym 6:00 – 9:30 PM	Private Training 6:00– 9:30 PM	Family Gym 6:00 – 7:30 PM	Private Training 6:00– 9:30 PM
6:30 PM							
7:00 PM	Basketball Open Gym 7:00– 9:30 PM						
7:30 PM							
8:00 PM		Advance Pickleball 8:30 – 9:30 PM	Beginners 7:15 – 8:30 PM				
8:30 PM							
9:00 PM							
9:30 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/parkway

Building Hours

Monday–Friday
5:00AM–10:00PM
Saturday & Sunday
6:00AM–6:00PM