

GYM SCHEDULE

Parkway Community YMCA
APRIL 20- APRIL 27



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 AM											
5:30 AM											
6:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM						
6:30 AM						Intermediate Pickleball Ages 18+ 6:00 - 7:30 AM	Open Gym 6:00 - 7:45 AM				
7:00 AM	OST 7:00 AM-5:30 PM	OST 7:00 AM-5:30 PM	OST 7:00 AM-5:30 PM	OST 7:00 AM-5:30 PM	OST 7:00 AM-5:30 PM						
7:30 AM											
8:00 AM										Advanced Pickleball Ages 18+ 7:30 - 8:30 AM	Tone & Sculpt 8:00 - 8:45 AM
8:30 AM											
9:00 AM										Beginners Pickleball Ages 18+ 8:30 - 9:45 AM	Advanced Pickleball Ages 18+ 9:00 - 10:00 AM
9:30 AM											
10:00 AM											Beginners Pickleball Ages 18+ 10:00 - 11:00 AM
10:30 AM											
11:00 AM											
11:30 AM											Tone & Sculpt 11:15 - 12:00 PM
12:00 PM											
12:30 PM											
1:00 PM						Private Training 10:00-5:30 PM	Family Gym Ages 0-12 12:15 - 2:30 PM				
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM	Zumba 6:00 - 7:00 PM	Teen Open Gym Ages 13-17 5:45- 7:00 PM		Family Gym Ages 0-12 5:45 - 7:30 PM	Teen Open Gym Ages 13-17 5:45- 8:00 PM						
7:00 PM											
7:30 PM											
8:00 PM	Basketball Open Gym 7:15- 9:30 PM	Advance Pickleball Ages 18+ 7:00 - 9:30 PM	Basketball Open Gym 5:45- 9:30 PM	Beginners Pickleball Ages 18+ 7:30 - 9:30 PM	Basketball Open Gym 8:00- 9:30 PM						
8:30 PM											
9:00 PM											
9:30 PM											

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/parkway

Building Hours

Monday-Friday
5:00AM-10:00PM
Saturday & Sunday
6:00AM-6:00PM