

GYM SCHEDULE

BURBANK YMCA – April Break – April 21st–April 27th

***Reservation Required for Group Exercise & Pickle Ball**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM		
GROUP EXERCISE 7:15 – 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 – 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 – 8:00 AM	GROUP EXERCISE 7:15 – 8:00 AM	
OPEN GYM 8:30 – 9:00 AM	GROUP EXERCISE 8:30 – 9:15 AM	OPEN GYM 8:30 – 9:30 AM	GROUP EXERCISE 8:30 – 9:15 AM	GROUP EXERCISE 8:15 – 9:00 AM	OPEN GYM 8:30 – 9:00 AM	GROUP EXERCISE 8:15– 9:00 AM
YOUTH ROCK CLIMBING CLINIC 9:00 – 12:00 PM	1/2 OPEN GYM 9:30 – 10:30 AM	1/2 OPEN GYM 9:30 – 10:30 AM	1/2OPEN GYM 9:30 – 10:30 AM	YOUTH ROCK CLIMBING CLINIC 9:00 – 12:00 PM YMCA CHILDCARE 1/2 10:30 – 11:30 AM	GYM CLOSED SPECIAL EVENT— Healthy Kids Day 9:00 AM – 2:00 PM	ADULT PICKUP BBALL 9:15 – 11:00 AM
	YMCA CHILD CARE 9:30 – 11:30 AM					1/2 FAMILY GYM 11:00 AM – 1:00 PM
	OPEN PICKLE BALL 12:15 PM – 1:45 PM <i>*reservation required</i>	AFTER SCHOOL FULL DAY PROGRAM 11:30 AM – 5:30 PM			AFTER SCHOOL FULL DAY PROGRAM 12:30 – 5:30 PM	1/2 FAMILY GYM 1/2 OPEN GYM 2pm–4:30pm
OPEN GYM 2:00 – 5:30 PM	OPEN PICKLE BALL 1:00 –3:00 PM <i>*reservation required</i>					
GROUP EXERCISE 5:45 – 6:30 PM	GROUP EXERCISE 5:45 – 6:30 PM	GROUP EXERCISE 5:45 – 6:30 PM	GROUP EXERCISE 5:45 – 6:30 PM	TEEN GYM 5:30 – 8:00 PM	GYM CLOSED FOR SPECIAL EVENTS ON May 3rd 2:45–4:15 pm May 17th 4:30 pm–close	OPEN GYM 3:00 PM – 4:00 PM
FAMILY GYM 6:45 – 7:30 PM	OPEN GYM 6:45 – 9:00 PM	OPEN GYM 6:45 – 9:00 PM	OPEN GYM 6:45 – 9:00 PM			
OPEN GYM 7:30 – 9:00 PM						
						

Schedule is subject to change based on programming and special event needs.
Open & Family Gym: Caregiver must be present with children under 13 years old

Scan this code to request a
gym birthday party!
(Family Members Only)

