

GYM SCHEDULE

Parkway Community YMCA
FEBRUARY 16- FEBRUARY 23



| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | | | |
|----------|------------------------------------------|--------------------------------------------------|----------------------------------------------------|----------------------------------------------------|-----------------------------------------------|-------------------------------------------------------|----------------------------|--|--|----------------------------------------------------|------------------------------------------------------|
| 5:00 AM | | | | | | | | | | | |
| 5:30 AM | | | | | | | | | | | |
| 6:00 AM | Open Gym 5:00 - 7:00 AM | Open Gym 5:00 - 7:00 AM | Open Gym 5:00 - 7:00 AM | Open Gym 5:00 - 7:00 AM | Open Gym 5:00 - 7:00 AM | | | | | | |
| 6:30 AM | | | | | | Intermediate Pickleball Ages 18+ 6:00 - 7:30 AM | Open Gym 6:00 - 7:45 AM | | | | |
| 7:00 AM | OST 7:00 AM-5:30 PM | OST 7:00 AM-5:30 PM | OST 7:00 AM-5:30 PM | OST 7:00 AM-5:30 PM | OST 7:00 AM-5:30 PM | | | | | | |
| 7:30 AM | | | | | | | | | | | |
| 8:00 AM | | | | | | | | | | Advanced Pickleball Ages 18+ 7:30 - 8:30 AM | Tone & Sculpt 8:00 - 8:45 AM |
| 8:30 AM | | | | | | | | | | | |
| 9:00 AM | | | | | | | | | | Beginners Pickleball Ages 18+ 8:30 - 9:45 AM | Advanced Pickleball Ages 18+ 9:00 - 10:00 AM |
| 9:30 AM | | | | | | | | | | | |
| 10:00 AM | | | | | | | | | | | Beginners Pickleball Ages 18+ 10:00 - 11:00 AM |
| 10:30 AM | | | | | | | | | | | |
| 11:00 AM | | | | | | | | | | | |
| 11:30 AM | | | | | | | | | | | |
| 12:00 PM | | | | | | | | | | | |
| 12:30 PM | | | | | | | | | | | |
| 1:00 PM | | | | | | Private Training 10:00-5:30 PM | | | | | |
| 1:30 PM | | | | | | | | | | | |
| 2:00 PM | | | | | | | | | | | |
| 2:30 PM | | | | | | | | | | | |
| 3:00 PM | | | | | | | | | | | |
| 3:30 PM | | | | | | | | | | | |
| 4:00 PM | | | | | | | | | | | |
| 4:30 PM | | | | | | | | | | | |
| 5:00 PM | | | | | | | | | | | |
| 5:30 PM | | | | | | | | | | | |
| 6:00 PM | | | | | | | | | | | |
| 6:30 PM | Zumba 6:00 - 7:00 PM | | | | | | | | | | |
| 7:00 PM | | Teen Open Gym Ages 13-17 5:45 - 8:00 PM | Beginners Pickleball Ages 18+ 5:45 - 8:00 PM | Family Gym Ages 0-12 5:45 - 8:00 PM | Teen Open Gym Ages 13-17 5:45 - 8:00 PM | | | | | | |
| 7:30 PM | | | | | | | | | | | |
| 8:00 PM | Basketball Open Gym 7:15 - 9:30 PM | | | | | | | | | | |
| 8:30 PM | | Advance Pickleball Ages 18+ 8:00 - 9:30 PM | Basketball Open Gym 8:00 - 9:30 PM | Beginners Pickleball Ages 18+ 8:00 - 9:30 PM | Basketball Open Gym 8:00 - 9:30 PM | | | | | | |
| 9:00 PM | | | | | | | | | | | |
| 9:30 PM | | | | | | | | | | | |

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/parkway

Building Hours

Monday-Friday
5:00AM-10:00PM
Saturday & Sunday
6:00AM-6:00PM