GYM SCHEDULE

Thomas M. Menino YMCA March 2nd-April 20th



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM		Open Gym 6am–3pm	Open Gym 6am-3pm	Open Gym 6am-3pm	Open Gym 6am-3pm	CLOSED	CLOSED
6:30 AM	Open Gym 6am–3pm						
7:00 AM							
7:30 AM							
8:00 AM						Open Gym	Family Gym 8am-1:30pm
8:30 AM						8-9am	
9:00 AM						Youth Sports* 9am -12:30pm	
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM						Family Gym	
1:00 PM						12:30-1:30pm	
1:30 PM						CLOSED	CLOSED
2:00 PM							
2:30 PM							
3:00 PM	After School 3–5 pm	After School 3–5 pm	After School 3–5pm	After School 3–5 pm	After School 3–5 pm		
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Open Gym 5pm–8 pm	Open Gym 5pm–8 pm	Open Gym 5pm–8 pm	Open Gym	Open Gym 5pm-6:30pm		
5:30 PM				5-5:45pm			
6:00 PM				Pilates*			
6:30 PM				6-7pm			
7:00 PM				Open Gym	CLOSED		
7:30 PM				7–8pm			
8:00 PM	CLOSED	CLOSED	CLOSED	CLOSED			
8:30 PM							
9:00 PM							

Open Gym	Programs
Group Exercise	Family Gym

Gym schedule is subject to change without notice, based on programming needs.