

GYM SCHEDULE

BURBANK YMCA – Winter Break February 17th – February 23rd

***Reservation Required for Group Exercise & Pickle Ball**
CLOSED DECEMBER 25th | OPEN AT 7AM JANUARY 1st



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM			
GROUP EXERCISE 7:15 – 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 – 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 – 8:00 AM	GROUP EXERCISE 7:15 – 8:00 AM		
OPEN GYM 8:30 – 9:00 AM	GROUP EXERCISE 8:30 – 9:15 AM	OPEN GYM 8:30 – 10:30 AM	GROUP EXERCISE 8:30 – 9:15 AM	GROUP EXERCISE 8:15 – 9:00 AM	OPEN GYM 8:30 – 9:00 AM	GROUP EXERCISE 8:15 – 9:00 AM	
YOUTH ROCK CLIMBING CLINIC 9:00 – 12:00 PM	OPEN GYM 9:30 – 10:30 AM		OPEN GYM 9:30 – 10:30 AM	YOUTH ROCK CLIMBING CLINIC 9:00 – 12:00 PM	YOUTH ROCK CLIMBING CLINIC 9:00 – 12:00 PM	1/2 FAMILY GYM 1/2 OPEN GYM 9:00 AM – 3:15 PM	ADULT PICKUP BBALL 9:15 – 11:00 AM
	YMCA CHILD CARE 10:30 – 11:30 AM						YMCA CHILDCARE 1/2 10:30 – 11:30 AM
	AFTER SCHOOL FULL DAY PROGRAM 11:30 AM – 5:30 PM			AFTER SCHOOL FULL DAY PROGRAM 12:30 – 5:30 PM	GYM WILL CLOSE EARLY TODAY FOR A SPECIAL EVENT		1/2 OPEN GYM 11:00 AM – 1:00 PM
OPEN PICKLE BALL 11:45 AM – 1:45 PM <i>*reservation required</i>						GYM CLOSED SPECIAL EVENT 1:00 PM – 3:00 PM	
OPEN GYM 2:00 – 5:30 PM							
GROUP EXERCISE 5:45 – 6:30 PM	GROUP EXERCISE 5:45 – 6:30 PM	GROUP EXERCISE 5:45 – 6:30 PM	GROUP EXERCISE 5:45 – 6:30 PM	TEEN GYM 5:30 – 8:00 PM	FAMILY / OPEN GYM CLOSED THE FOLLOWING		
FAMILY GYM 6:45 – 7:30 PM	OPEN GYM 6:45 – 9:00 PM	OPEN GYM 6:45 – 9:00 PM	OPEN GYM 6:45 – 9:00 PM		2/22 3:15 PM	3/1 2:45 PM	OPEN GYM 3:00 PM – 4:00 PM
OPEN GYM 7:30 – 9:00 PM					3/8 2:45 PM	3/22 3:30 PM	

Schedule is subject to change based on programming and special event needs.
 Open & Family Gym: Caregiver must be present with children under 13 years old

Scan this code to request a
 gym birthday party!
 (Family Members Only)

