

GYM SCHEDULE

Charlestown YMCA
January 6th – February 23rd



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00 AM	Open Gym 6:00am - 5:00pm	Open Gym 6:00am - 12:30pm	Open Gym 6:00am - 2:00pm	Open Gym 6:00am - 12:30pm	Open Gym 6:00am - 4:00pm						
6:30 AM											
7:00 AM										Open Gym 7:00am - 7:45am	
7:30 AM											
8:00 AM											Open Gym 8:00am - 9:00am
8:30 AM										Pickleball 7:45am-9:45am Full Court	Pickleball 9:00am-11:00am Full Court
9:00 AM											
9:30 AM											
10:00 AM							Pickleball & Youth Programming 9:45am-11:00am 1/2 & 1/2 Court				
10:30 AM											
11:00 AM			Spaulding 11:00am-12:30pm Half Court					Family Gym 11:00am-12:00pm Full Court			
11:30 AM							Family Gym & Youth Programming 11:00am-12:00pm 1/2 & 1/2 Court				
12:00 PM			Seaport Academy 12:30pm - 2:00pm Full Court			Seaport Academy 12:30pm - 2:00pm Full Court					
12:30 PM							18+ Pick-up Basketball 12:00pm - 2:00pm Full Court	Open Gym OR Birthday Party 12:00pm - 3:00pm *Watch for birthday party rentals*			
1:00 PM											
1:30 PM											
2:00 PM			Pickleball 2:00pm-4:00pm Full Court	Pickleball 2:00pm-4:00pm Half Court		Pickleball 2:00pm-4:00pm Full Court					
2:30 PM							Family Gym OR Birthday Party 2:00pm - 5:00pm *Watch for birthday party rentals*				
3:00 PM											
3:30 PM											
4:00 PM		Open Gym 4:00pm - 5:00pm	Youth Program 4:00pm-5:30pm Full Court	Youth Program 4:00pm - 6:00pm Full Court							
4:30 PM					Youth Program 4:00pm - 7:00pm Full Court						
5:00 PM		CYB 5:00pm - 6:00pm Full Court									
5:30 PM											
6:00 PM											
6:30 PM											
7:00 PM	18+ Pick-up Basketball 6:00pm - 9:00pm Full Court	VOLO 6:00pm - 9:00pm Full Court	MGH 5:30pm - 9:00pm Full Court	CYB 6:00pm - 8:00pm Full Court	Open Gym 7:00pm - 8:00pm						
7:30 PM											
8:00 PM											
8:30 PM				Open Gym 8:00pm - 9:00pm							
9:00 PM											
9:30 PM											

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org

OPEN GYM:

Shared gym space open to all members

FAMILY GYM:

Reserved gym space for youth and families