

GYM SCHEDULE

BURBANK YMCA – Winter Break December 23rd – January 5th

***Reservation Required for Group Exercise & Pickle Ball**
CLOSED DECEMBER 25th | OPEN AT 7AM JANUARY 1st



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM		
GROUP EXERCISE 7:15 – 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 – 8:00 AM	GYM CLOSED	GROUP EXERCISE 7:15 – 8:00 AM	GROUP EXERCISE 7:15 – 8:00 AM	
OPEN GYM 8:30 – 10:30 AM	GROUP EXERCISE 8:30 – 9:15 AM	OPEN GYM 8:30 – 10:30 AM	GROUP EXERCISE 8:30 – 9:15 AM	GROUP EXERCISE 8:30 – 9:15 AM	OPEN GYM 8:30 – 9:00 AM	GROUP EXERCISE 9/16 8:15 – 9:00 AM
	OPEN GYM 9:30 – 10:30 AM		OPEN GYM 9:30 – 10:30 AM	OPEN GYM 9:30 – 10:30 AM		
YMCA CHILD CARE 10:30 – 11:30 AM						
YMCA AFTER SCHOOL & CHILD CARE 11:30 PM – 5:30 PM	OPEN GYM 11:45 AM – 1:45 PM	OPEN GYM 11:30 – 2:00 PM	OPEN PICKLE BALL 11:45 AM – 1:45 PM	YMCA AFTER SCHOOL & CHILD CARE 12:00 PM – 5:30 PM	1/2 FAMILY GYM 1/2 OPEN GYM 9:00 AM – 5:00 PM	ADULT PICKUP BBALL 9:15 – 11:00 AM
	YMCA CLOSING EARLY PLEASE SEE HOLIDAY HOURS					OPEN GYM 12/26 2:00 PM – 5:30 PM
		AFTER SCHOOL 1/2/25 2:00 PM – 5:30 PM		1/2 OPEN GYM 11:00 AM – 1:00 PM		
GROUP EXERCISE 5:45 – 6:30 PM		GROUP EXERCISE 5:45 – 6:30 PM	GROUP EXERCISE 5:45 – 6:30 PM			
FAMILY GYM 6:45 – 7:30 PM				TEEN GYM 5:30 – 8:00 PM	GYM IS CLOSED AT 3:30 PM THE FOLLOWING DATES 12/28, 1/18, 2/8, 2/15, 2/22, 3/1	OPEN GYM 3:00 PM – 4:00 PM
OPEN GYM 7:30 – 9:00 PM		OPEN GYM 6:45 – 9:00 PM	OPEN GYM 6:45 – 9:00 PM			

Schedule is subject to change based on programming and special event needs.
 Open & Family Gym: Caregiver must be present with children under 13 years old

We have gym birthday party rentals for Family Members! Scan this code to request one!

