

GYM SCHEDULE

Wang YMCA of Chinatown
Effective September 2024



COURT 1 (LOBBY SIDE)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | |
|----------|--|--|--|--|--|---------------------------------------|---------------------------------------|--------------------------------|---|
| 6:00 AM | Open Gym 6:00am - 8:00am | Open Gym 6:00am - 8:00am | Open Gym 6:00am - 8:00am | Open Gym 6:00am - 8:00am | Natixis 6:15am - 7:15am | CLOSED | CLOSED | | |
| 7:00 AM | | | | | Open Gym | | | | |
| 8:00 AM | OST Before School 8:00 AM - 9:00 AM | OST Before School 8:00 AM - 9:00 AM | OST Before School 8:00 AM - 9:00 AM | OST Before School 8:00 AM - 9:00 AM | OST Before School 8:00 AM - 9:00 AM | Pickup Basketball 7:00am - 10:30am | Pickup Basketball 7:00am - 10:30am | | |
| 9:00 AM | Open Gym 9:00am-3:00pm | Open Gym 9:00am-3:00pm | Open Gym 9:00am-11:30am | Open Gym 9:00am-3:00pm | Open Gym 9:00am-3:00pm | | | | |
| 10:00 AM | | | Teen Gym 11:30am - 3:00pm | | | Pickleball 10:30am - 11:30am | Pickleball 10:30am - 11:30am | | |
| 10:30 AM | | | | | | | | Family Gym 11:30am - 4:45pm | Ping Pong/Badminton 11:30am - 2:00pm |
| 11:30 AM | | | Family Gym 11:30am - 4:45pm | | | Family Gym 2:00pm - 4:45pm | | | |
| 3:00 PM | OST After School 3:00pm - 5:45pm | OST After School 3:00pm - 5:45pm | OST After School 3:00pm - 5:45pm | OST After School 3:00pm - 5:45pm | OST After School 3:00pm - 5:45pm | CLOSED | CLOSED | | |
| 5:00 PM | Volo 5:45pm - 8:45pm | Open Gym 6:00pm - 8:45pm | Volo 6:45pm - 8:45pm | Open Gym 6:00pm - 8:45pm | Open Gym 6:00pm - 9:45pm | | | | |
| 6:00 PM | | | | | | | | CLOSED | CLOSED |
| 7:00 PM | | | | | | | | | |
| 8:00 PM | CLOSED | CLOSED | | | | | | | |
| 9:00 PM | | | CLOSED | CLOSED | | | | | |
| 10:00 PM | CLOSED | CLOSED | | | CLOSED | CLOSED | CLOSED | | |

COURT 2 (FAR SIDE)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | | | |
|----------|------------------------------|------------------------------------|------------------------------|---------------------------------|--------------------------------------|---------------------------------|-------------------------------|-----------------------------|------------------------------|---------------------------------------|-----------------------------|
| 6:00 AM | Open Gym 6:00am - 12:00pm | Open Gym 6:00am - 2:30pm | Open Gym 6:00am - 12:00pm | Open Gym 6:00am - 12:00pm | Natixis 6:15am - 7:15am | CLOSED | CLOSED | | | | |
| 7:00 AM | | | | | Pickup Basketball 7:00am - 9:00am | | | | | | |
| 8:00 AM | | | | | Ping Pong 12:00pm - 2:30pm | JQUS rental 12:00pm - 5:30pm | Ping Pong 12:00pm - 2:30pm | Open Gym 6:00am - 2:30pm | Open Gym 9:00am - 12:00pm | Pickup Basketball 9:00am - 12:00pm | |
| 9:00 AM | | | | | | | | | | | Teen Gym 2:30pm - 5:45pm |
| 10:00 AM | Volo 5:45pm - 8:45pm | Teen Volleyball 5:30pm - 8:45pm | Volo 6:45pm - 8:45pm | TUFTS Rental 6:45pm - 7:45pm | | | | | | | |
| 11:00 AM | | | | | Open Gym 5:30pm - 6:45pm | Open Gym 7:45pm - 8:45pm | CLOSED | CLOSED | | | |
| 12:00 PM | CLOSED | CLOSED | CLOSED | CLOSED | | | | | | | |
| 1:00 PM | | | | | CLOSED | CLOSED | CLOSED | CLOSED | | | |
| 2:30 PM | CLOSED | CLOSED | CLOSED | CLOSED | | | | | | | |
| 3:30 PM | | | | | CLOSED | CLOSED | CLOSED | CLOSED | | | |
| 4:00 PM | CLOSED | CLOSED | CLOSED | CLOSED | | | | | | | |
| 5:00 PM | | | | | CLOSED | CLOSED | CLOSED | CLOSED | | | |
| 6:00 PM | CLOSED | CLOSED | CLOSED | CLOSED | | | | | | | |
| 7:00 PM | | | | | CLOSED | CLOSED | CLOSED | CLOSED | | | |
| 8:00 PM | CLOSED | CLOSED | CLOSED | CLOSED | | | | | | | |
| 9:00 PM | | | | | CLOSED | CLOSED | CLOSED | CLOSED | | | |
| 10:00 PM | CLOSED | CLOSED | CLOSED | CLOSED | | | | | | | |

| | | |
|------------------|--------------------------|-----------------|
| Open Gym/Pick-up | School-based Programming | |
| Rental/Event | Family Gym | Member Programs |

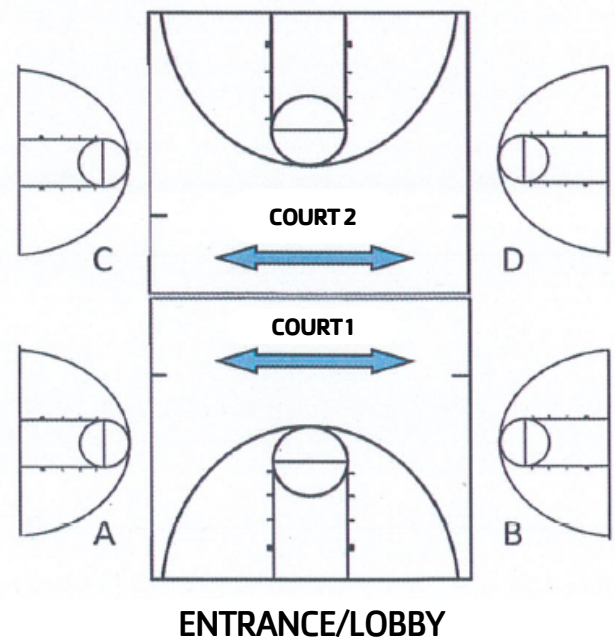
GYM RULES & EXPECTATIONS



Wang YMCA of Chinatown

- No food or drink. Spillproof containers only.
- We are a family facility; appropriate language is expected.
- Zero tolerance on fighting or rough play.
- Members are not allowed in the gym during the closed programs.
- Shirt and shoes are required at all times. Please change in the locker room or bathroom.
- Treat YMCA equipment with care and respect.
- The YMCA is not responsible for lost or stolen items. Keep personal belongings locked up.
- Schedule is subject to change to accommodate outdoor programs due to weather and based on programming needs. Thank you for understanding!
- Courts may be closed for programs or rentals. We will do our best to inform members of these closures.

GYM MAP



YMCA staff have final authority to enforce gym rules and provide additional guidelines for the safety of our members, children and families. Failure to comply may result in a loss of membership privileges.