

# GYM SCHEDULE

Parkway Community YMCA  
June 17- September 6, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:00 AM												
5:30 AM												
6:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM							
6:30 AM						Intermediate Pickleball 6:00 - 7:30 AM	Open Gym 6:00 - 7:45 AM					
7:00 AM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM							
7:30 AM										Advanced Pickleball 7:30 - 8:30 AM		
8:00 AM											Tone & Sculpt 8:00 - 8:45 AM	
8:30 AM												LaBlast 9:00 - 9:45 AM
9:00 AM											Beginners Pickleball 8:30 - 9:45 AM	
9:30 AM												
10:00 AM											Zumba 10:00 - 11:00 AM	Family Pickleball 9:45 - 11:00 AM
10:30 AM												
11:00 AM												
11:30 AM												
12:00 PM												
12:30 PM												
1:00 PM						Private Training 11:00-5:30PM	Family Gym 11:00 - 2:30 PM					
1:30 PM												
2:00 PM												
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM												
5:00 PM												
5:30 PM												
6:00 PM												
6:30 PM	Zumba 6:00 - 7:00 PM											
7:00 PM		Basketball Skills and Drills 4:45 - 8:00 PM	Teen Open Gym 6:00 - 7:15 PM		BARRE 6:00 - 7:00 PM							
7:30 PM												
8:00 PM	Basketball Open Gym 7:00- 9:30 PM	Teen Open Gym 8:00-9:30 PM	Beginners 7:15 - 8:30 PM	Teen Open Gym 6:00 - 9:30 PM								
8:30 PM		Private Training 8:00-9:30 PM	Advance Pickleball 8:30 - 9:30 PM		Family Gym 7:00 - 9:30 PM							
9:00 PM												
9:30 PM												

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

[www.ymcaboston.org/parkway](http://www.ymcaboston.org/parkway)

## Building Hours

Monday-Friday  
5:00AM-10:00PM  
Saturday & Sunday  
6:00AM-6:00PM