

GYM SCHEDULE

Parkway Community YMCA
June 17- September 6, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 AM											
5:30 AM											
6:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM	Open Gym 5:00 - 7:00 AM						
6:30 AM						Intermediate Pickleball 6:00 - 7:30 AM	Open Gym 6:00 - 7:45 AM				
7:00 AM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM	CAMP 7:00 AM-6:00 PM						
7:30 AM											
8:00 AM										Advanced Pickleball 7:30 - 8:30 AM	Tone & Sculpt 8:00 - 8:45 AM
8:30 AM											
9:00 AM										Beginners Pickleball 8:30 - 9:45 AM	LaBlast 9:00 - 9:45 AM
9:30 AM											
10:00 AM										Zumba 10:00 - 11:00 AM	Family Pickleball 9:45 - 11:00 AM
10:30 AM											
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM						Family Gym 11:00 - 2:30 PM	Family Gym 11:00 - 2:30 PM				
1:30 PM						Private Training 11:00- 5:30PM					
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM											
5:30 PM											
6:00 PM											
6:30 PM											
7:00 PM			Zumba 6:30 - 7:15 PM		BARRE 6:00 - 7:00 PM						
7:30 PM		Basketball Skills and Drills 4:45 - 8:00 PM									
8:00 PM	Open Gym 6:00 - 9:30 PM		Beginners 7:15 - 8:30 PM	Teen Open Gym 6:00 - 9:30 PM							
8:30 PM		Teen Open Gym 8:00- 9:30 PM	Private Training 8:00- 9:30 PM		Family Gym 6:00 - 9:30 PM						
9:00 PM			Advance Pickleball 8:30 - 9:30 PM								
9:30 PM											

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/parkway

Building Hours

Monday-Friday
5:00AM-10:00PM
Saturday & Sunday
6:00AM-6:00PM