

GYM SCHEDULE

Charlestown YMCA
June 19th – July 21st



| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | | | |
|----------|--|---|------------------------------|---|-----------------------------|----------|--------|--|--|--|--|
| 6:00 AM | Open Gym 6:00am - 6:00pm | Open Gym 6:00am - 12:30pm | Open Gym 6:00am - 10:00am | Open Gym 6:00am - 12:30pm | Open Gym 6:00am - 8:00pm | | | | | | |
| 6:30 AM | | | | | | | | | | | |
| 7:00 AM | | | | | | | | | | | |
| 7:30 AM | | | | | | | | | | | |
| 8:00 AM | | | | | | | | | | | |
| 8:30 AM | | | | | | | | | | | |
| 9:00 AM | | | | | | | | | | | |
| 9:30 AM | | | | | | | | | | | |
| 10:00 AM | | | | | | | | | | | |
| 10:30 AM | | | | | | | | | | | |
| 11:00 AM | | | | | | | | | | | |
| 11:30 AM | | | | | | | | | | | |
| 12:00 PM | | | | | | | | | | | |
| 12:30 PM | | | | | | | | | | | |
| 1:00 PM | | Seaport Academy 12:30pm - 2:00pm | | Seaport Academy 12:30pm - 2:00pm | | | | | | | |
| 1:30 PM | | | | | | | | | | | |
| 2:00 PM | | | | | | | | | | | |
| 2:30 PM | | Pickleball 2:00pm-4:00pm Full Court | | Pickleball 2:00pm-4:00pm Full Court | | | | | | | |
| 3:00 PM | | | | | | | | | | | |
| 3:30 PM | | | | | | | | | | | |
| 4:00 PM | | | | | | | | | | | |
| 4:30 PM | | | | | | | | | | | |
| 5:00 PM | | | | | | | | | | | |
| 5:30 PM | | | | | | | | | | | |
| 6:00 PM | | | | | | | | | | | |
| 6:30 PM | | Open Gym 4:00pm - 9:00pm | | Open Gym 4:00pm - 9:00pm | | | | | | | |
| 7:00 PM | 18+ Pick-up Basketball 6:00pm - 9:00pm Full Court | | Open Gym 6:00pm - 9:00pm | | | | | | | | |
| 7:30 PM | | | | | | | | | | | |
| 8:00 PM | | | | | | | | | | | |
| 8:30 PM | | | | | | | | | | | |
| 9:00 PM | | | | | | | | | | | |
| 9:30 PM | | | | | | | | | | | |

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

OPEN GYM:
Open to all members