

# POOL SCHEDULE

Charles River YMCA  
June 17 – July 7, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:30 AM	Lap Swim (3) 5:30 - 8:30am	Masters (4) 5:30 - 6:30am	Masters (4) 5:30 - 6:30am	Lap Swim (3) 5:30 - 9:15am	Masters (4) 5:30 - 6:30am	CLOSED	CLOSED					
6:00 AM		Lap Swim (3) 6:30 - 9:15am	Lap Swim (3) 6:30 - 8:30am		Lap Swim (3) 6:30 - 8:30am			Lap Swim (3) 6:30 - 8:30am				
6:30 AM						Lap Swim (3) 7:00 - 8:00am	Masters (4) 7:00 - 8:00am					
7:00 AM									Aqua Barre 8:05 - 8:50am	Lap Swim (3) 8:00 - 8:55am		
7:30 AM											Camp 9:30am - 11:00am	Swim Lessons (3) 9:00am - 12:45pm
8:00 AM												
8:30 AM	Deep VIIT (3) 8:35 - 9:20am	Deep VIIT (3) 8:35 - 9:20am	Deep VIIT (3) 8:35 - 9:20am	LaBlast Splash (3) 8:35 - 9:20am	Swim Lessons (3) 9:00am - 12:45pm							
9:00 AM	Camp 9:30am - 11:00am	Camp 9:30am - 11:45am	Camp 9:30am - 11:45am	Camp 9:30am - 11:00am								
9:30 AM					Lap Swim (3) 11:00am - 2:00pm	Lap Swim (3) 12:00 - 2:00pm	Lap Swim (3) 12:00 - 2:00pm	Lap Swim (3) 11:00am - 2:00pm				
10:00 AM	Lap Swim (3) 11:00am - 2:00pm	Lap Swim (3) 12:00 - 2:00pm	Lap Swim (3) 12:00 - 2:00pm	Lap Swim (3) 12:00 - 2:00pm								
10:30 AM					Family Swim (2) Lap Swim (1) 2:00 - 3:15pm	Joint Venture (3) 2:00 - 3:00pm	AiChi (3) 2:00 - 3:00pm	Joint Venture Self Guided 2:00 - 3:00pm	Family Swim (2) Lap Swim (1) 2:00 - 3:15pm	Family Swim (4) 1:00 - 3:30pm	Family Swim (4) 1:00 - 3:30pm	
11:00 AM	Swim Lessons (3) 3:30 - 6:00pm	Swim Lessons (3) 3:00 - 5:00pm	Swim Lessons (3) 3:00 - 6:00pm	Swim Lessons (3) 3:00 - 5:00pm								
11:30 AM					Lap Swim (2) 5:00 - 6:00pm Private Lesson (1)	Lap Swim (2) 5:00 - 6:00pm Private Lesson (1)	Lap Swim (2) 5:00 - 6:00pm Private Lesson (1)	Lap Swim (2) 5:00 - 6:00pm Private Lesson (1)	Lap Swim (3) 3:30 - 5:45pm	Lap Swim (3) 3:30 - 5:45pm		
12:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm							Family Swim (2) Lap Swim (1) 6:30 - 7:45pm	CLOSED
12:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
1:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
1:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
2:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
2:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
3:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
3:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
4:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
4:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
5:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
5:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
6:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
6:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
7:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
7:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
8:00 PM	Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm						Family Swim (2) Lap Swim (1) 6:30 - 7:45pm		
8:30 PM					Lap Swim (3) 6:00 - 7:45pm	Swim Lessons (3) 6:00 - 7:45pm	Lap Swim (3) 6:00 - 7:45pm	Family Swim (2) Lap Swim (1) 6:15 - 7:45pm	Family Swim (2) Lap Swim (1) 6:30 - 7:45pm			
	CLOSED	CLOSED	CLOSED	CLOSED						CLOSED		

## CIRCLE SWIMMING

Circle Swim is used when three or more swimmers are in one lap lane. To avoid injury please let other swimmers know when you enter the lane.

Lap Swim	Family Swim
All Lanes in Use	Water Exercise

Pool schedule is subject to change without notice, based on programming needs.