

# GYM SCHEDULE

**BURBANK YMCA**

**Effective as of June 24th**

**\*Reservation Required for Group Exercise, Pickle Ball, & Open / Family Climbing**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM	GROUP EXERCISE 5:35 – 6:20 AM	OPEN GYM 5:30 – 6:45 AM		
GROUP EXERCISE 7:15 – 8:15 AM	GROUP EXERCISE 6:30 – 7:15 AM	GROUP EXERCISE 7:15 – 8:15 AM	OPEN GYM 6:30 – 8:00 AM	GROUP EXERCISE 7:15 – 8:15 AM	GROUP EXERCISE 7:15 – 8:15 AM	
YMCA CAMP BURBANK 8:15 AM—10:30 AM					OPEN GYM 8:30 – 9:00 AM	OPEN GYM 8:00 – 9:30 AM
YMCA CHILD CARE 10:30 AM—11:30 AM					YOUTH SPORTS CLASSES Starts 7/13 9:00 AM – 1:00 PM	ADULT PICKUP BBALL 9:30 – 11:00 AM
YMCA CAMP BURBANK 11:30 AM—5:30 PM						PICKLE BALL CLASSES Starts 8/4 11:00 AM – 1:00 PM
						Open Pickle Ball 1:00 PM – 3:00 PM
GROUP EXERCISE 5:30 – 6:45 PM	GROUP EXERCISE 5:30 – 6:45 PM	GROUP EXERCISE 5:30 – 6:45 PM	GROUP EXERCISE 5:30 – 6:45 PM	1/2 YOUTH CLIMBING Starts 7/12 5:00 – 6:15 PM		FAMILY GYM 3:15 – 4:00 PM
1/2 ADULT CLIMBING Starts 7/8 7:00 – 8:15 PM	OPEN PICKLE BALL 7:00 – 9:00 PM	MEN'S BASKETBALL LEAGUE 7:00 – 9:00 PM	MEN'S BASKETBALL LEAGUE 7:00 – 9:00 PM	1/2 TEEN GYM 5:00 – 8:00 PM (Full court at 6:15 PM)	1/2 FAMILY GYM 1:00 – 5:00 PM	
1/2 OPEN GYM 7:00 – 9:00 PM (Full court at 8:15 PM)					1/2 OPEN GYM 1:00 – 5:00 PM	

**\*\*On Saturday afternoons gym may be reserved for birthday parties, dates will be posted**

**Schedule is subject to change based on programming and special event needs.**

**Family Gym: Nets may be adjusted. Family Gym is reserved for Family Memberships only**

**Open Gym: Open to all members including adults and children. Children under 13 must have caregiver with them**