

GYM SCHEDULE

Thomas M. Menino YMCA
April 22, 2024 - June 22, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6am-1:30pm	Open Gym 6am-1:30pm	Open Gym 6am-10am	Open Gym 6am-10am	Open Gym 6am-3pm	CLOSED	CLOSED
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM	Rental 10am-11am	Rental 10am-11am	Open Gym 11am-3pm	Open Gym 11am-3pm	Open Gym 6am-3pm	Family Gym 8am-1:30pm	Family Gym 8am-1:30pm
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Open Gym 5pm-8:30pm	Open Gym 5pm-8:30pm	Open Gym 5pm-8:30pm	Open Gym 5pm-8:30pm	Open Gym 5pm-6:30pm	CLOSED	CLOSED
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

Open Gym	Programs
Rental	Family Gym

Gym schedule is subject to change without notice, based on programming needs.