

GYM SCHEDULE

Dorchester YMCA
April 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
6:30 AM							
7:00 AM	Open Gym 6:15 - 8:15 AM	C.A Volleyball Practice 6:15 - 8:15 AM	C.A Volleyball Practice 6:15 - 8:15AM	C.A Volleyball Practice 6:00 - 8:00 AM	Codman Academy 6:00 - 9:00 AM		
7:30 AM							
8:00 AM							
8:30 AM	Codman Academy 8:15 - 9:15 AM	Codman Academy 8:15 - 9:15 AM	Codman Academy 8:15 - 9:15 AM	Codman Academy 8:15 - 9:15AM		Open Gym 7:00 - 9:45 AM	Open Gym 8:00 AM - 2:00pm
9:00 AM							
9:30 AM	Open Gym 9:30 - 11:00 AM		Open Gym 9:30 AM - 4:00 PM				Sports Sampler
10:00 AM					Codman Academy 9:00AM - 12:00 PM	Group Ex 10:00 - 10:50 AM	Open Gym
10:30 AM					Open Gym 9:00AM - 12:00PM		
11:00 AM	Codman Academy 11:00-12:00PM		Codman Academy 11:00AM-12:00PM				
11:30 AM							
12:00 PM	Open Gym 12:00 PM- 1:00 PM	Open Gym 9:30 AM - 4:00 PM	Open Gym 9:30 AM - 4:00 PM	Open Gym 9:30 AM - 4:00 PM		Dorchester YMCA Youth Basketball 11:00 AM - 2:45 PM	Open Gym 10:00 AM - 2:00pm
12:30 PM							
1:00 PM	Codman Academy 1:00PM-2:00PM		Codman Academy 1:00PM-2:00PM				
1:30 PM							
2:00 PM					Open Gym 12:00 - 4:00 PM		
2:30 PM			Open Gym 9:30 AM - 4:00 PM				
3:00 PM						Open Gym 2:45pm - 4:00pm	
3:30 PM							
4:00 PM	Y After School 4:00 - 5:00 PM	Y After School 4:00 - 5:00 PM	Y After School 4:00 - 5:00 PM	Y After School 4:00 - 5:00 PM	Y After School 4:00 - 5:00 PM		
4:30 PM							
5:00 PM			Teen Time 5:00 - 6:00 PM				
5:30 PM	Teen Time 5:00 - 7:00 PM	Teen Time 5:00 - 7:00 PM		Teen Time 5:00 - 7:00 PM			
6:00 PM					Teen Time 5:00 - 7:45 PM		
6:30 PM							
7:00 PM			Open Gym 7:30 - 8:45PM				
7:30 PM	NHCS 7:00 - 9:00PM	NHCS 7:30 - 9:00 PM		NHCS 7:00 - 9:00PM			
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/dorchester

CA:

Codman Academy School

NHCS:

Neighborhood House. Effective November 27th

D.E

Dorchester Eagles

T.N

Teen Night every 2nd and 4th Friday of the Month