



CHARLESTOWN YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

(Effective April 24th 2024)

OPEN GYM						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-6p (Full Court)	5:30a-12:30p (Full Court)	5:30a - 4p (Full Court)	5:30a-12:30p (Full Court)	5:30a - 9a (Full Court)	7 am - 9am (Full Court)	8:00-2:45p (Full Court)
6pm-close *18+ pick-up (Full Court)	2-4p *Pickleball (Full court)	4-6p *Pickleball (Half court)	2-4p *Pickleball (Full court)	12-4:30p (Full Court)	9-11 am *Pickleball (Full Court)	
	4-6p (Full Court)	7-9p (Full Court)	4-9p (Full Court)	6:30 - 8p (Full Court)	11a-1p *18+ pick-up (Full Court)	

*Drop-in program no registration required

Programs						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		4:30-6p Tumbling (Half Court)		4:30-6:30 pm Sports Sampler (Full Court)		

RENTALS						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	12:30-2p Seaport Academy (Full Court)		12:30-2p Seaport Academy (Full Court)		*Please watch for birthday party announcements	*Please watch for birthday party announcements
	6-9 pm Volo (Full Court)	6-7 pm Volo (Full Court)				

GYM SCHEDULE is subject to change based on programming needs. Thank you for your patience!

**For questions:
Please contact us at:
CharlestownY@ymcaboston.org or 617.819.1521**