

GYM SCHEDULE

Thomas M. Menino YMCA
February 26th – April 21st, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00 AM	Open Gym 6am-1:30pm	Open Gym 6am-1:30pm	Open Gym 6am-10am	Open Gym 6am-10am		CLOSED	CLOSED	
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM			Family Gym 8am-1:30pm	Family Gym 8am-1:30pm				
9:00 AM								
9:30 AM								
10:00 AM					Rental 10am-11am	Rental 10am-11am	Open Gym 6am-3pm	
10:30 AM								
11:00 AM								
11:30 AM					Open Gym 11am-3pm	Open Gym 11am-3pm		
12:00 PM								
12:30 PM								
1:00 PM								
1:30 PM								
2:00 PM	Rental 1pm-3pm	Rental 1pm-3pm			CLOSED	CLOSED		
2:30 PM								
3:00 PM	After School 3pm-5pm	After School 3pm-5pm					After School 3pm-5pm	After School 3pm-5pm
3:30 PM								
4:00 PM								
4:30 PM	Open Gym 5pm-8:30pm	Open Gym 5pm-8:30pm	Open Gym 5pm-8:30pm	Open Gym 5pm-8:30pm				
5:00 PM								
5:30 PM								
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								

Open Gym	Programs
Rental	Family Gym

Gym schedule is subject to change without notice, based on programming needs.