

GYM SCHEDULE

Dorchester YMCA
March 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
6:30 AM							
7:00 AM	C.A Basketball Practice 6:15 – 8:15 AM	C.A Basketball Practice 6:15 – 8:15 AM	C.A Basketball Practice 6:15 – 8:15 AM	C.A Basketball Practice 6:00 – 8:00 AM	Codman Academy 6:00 – 9:00 AM		
7:30 AM							
8:00 AM						Open Gym 7:00 – 9:45 AM	Open Gym 8:00 AM – 2:00pm
8:30 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM			
9:00 AM							Sports Sampler
9:30 AM	Open Gym 9:30 – 11:00 AM		Open Gym 9:30 AM – 4:00 PM		Codman Academy 9:00AM – 12:00 PM	Open Gym 9:00AM – 12:00PM	Open Gym
10:00 AM						Group Ex 10:00 – 10:50 AM	
10:30 AM							
11:00 AM	Codman Academy 11:00–12:00PM		Codman Academy 11:00AM–12:00PM				
11:30 AM							
12:00 PM	Open Gym 12:00 PM– 1:00 PM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM		Dorchester YMCA Youth Basketball 11:00 AM – 2:45 PM	Open Gym 10:00 AM – 2:00pm
12:30 PM							
1:00 PM	Codman Academy 1:00PM–2:00PM		Codman Academy 1:00PM–2:00PM				
1:30 PM							
2:00 PM			Open Gym 9:30 AM – 4:00 PM		Open Gym 12:00 – 4:00 PM		
2:30 PM							
3:00 PM						Open Gym 2:45pm – 4:00pm	
3:30 PM							
4:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM		
4:30 PM							
5:00 PM	Teen Time 5:00 – 7:00 PM	Teen Time 5:00 – 7:00 PM	Teen Time 5:00 – 6:00 PM	Teen Time 5:00 – 7:00 PM	Teen Time 5:00 – 7:45 PM		
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM			Open Gym 7:30 – 8:45PM				
7:30 PM	NHCS 7:00 – 9:00PM	NHCS 7:30 – 9:00 PM		NHCS 7:00 – 9:00PM			
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

CA:

Codman Academy School

NHCS:

Neighborhood House. Effective November 27th

D.E

Dorchester Eagles

T.N

Teen Night every 2nd and 4th Friday of the Month

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/dorchester