



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CAMP ADVENTURE

The Where & When:

Camp Adventure is our signature field trip camp located at Saint Athanasius Parish, Reading, MA. Hours are 8am-5pm. Campers go on multiple trips a week and then have a kick back day on Fridays at camp.

The How:

Families will drop off their camper directly at camp, transportation is not provided. Transportation is however provided for the field trips!

What to bring:

Bathing Suit, Towel, Flip Flops/Swim Shoes, & Plastic bag (for wet bathing suit)

The campers will be swimming and/or engaged in water activities for certain trips so it is important that they have their bathing suit with them for those occasions. Feel free to send your child to camp already wearing their suit under their clothes. Just remember to pack underwear for after swim!

Sneakers and comfortable clothes

The campers will be participating in several activities - indoors and outdoors. They should have appropriate clothes for these activities. Please label all camper's items.

An extra change of clothes

There are some long days at the summer program, where clothes can accidentally get wet or sometimes misplaced. We want to make sure that if your camper's clothes get wet, dirty, or misplaced that they have something clean and dry to change into. Please label all of your camper's belongings. This is important even for older campers.

Sunscreen/Bug Spray

The campers will be out in the sun while they are in our care, and we want to ensure that their skin is protected. Many families apply in the morning and staff will remind campers to reapply sunscreen approximately every 2 hours. Please label your camper's sunscreen and bug spray.

Water Bottle

We will be encouraging the campers to drink water throughout the day, so please pack a water bottle if you have one. Don't forget to put their name on it!

Backpack

We recommend a backpack to keep all their belongings contained.

Food/Snack

Please pack a nut free lunch and two snacks (see more below).

***Please label all personal items.**

What should my camper bring for food?

Families are responsible for sending their camper with a nut free lunch and two snacks.

We ask that you provide healthy items that keep their energy up all day long. We are unable to refrigerate or heat up any food. **Nuts products or products that may contain traces (for example: peanut butter, walnuts, coconut, Nutella, granola bars) are NOT ALLOWED. We have some severe allergies to these foods and we want to ensure that all of the children are safe.** If you send your child in with soy nut butter or sunflower butter, please make sure to label it so that we know it is safe to eat.

What should my camper leave at home?

Cell phone, iPod, electronics, games, toys, and money. If a camper is found with any of these items, the item will be confiscated and returned at the end of the day. The YMCA is not responsible if any of these items are lost, broken, or stolen.

How will I receive information from Camp?

We primarily communicate through email!

Please make sure you share your most frequently checked email address on any camp paperwork. We use this for camp communications prior to and during the summer. If you are missing any paperwork, this is how we will let you know to ensure your camper is all set to begin. We also share a weekly newsletter with upcoming events and photos that you are sure not to want to miss! Additionally, we ask for your feedback during the camp season on what is going well and how we can improve. This also goes both ways - please feel free to email us as well!

Is the field trip schedule confirmed?

This is a tentative schedule!

The schedule we share are all of the locations we hope to visit this summer. We kindly ask you to please be aware and prepared for at least some of these dates to change. Many places have not released their schedules for the summer yet so there is no way for us to confirm dates at this time. Our goal is to offer a variety of locations each week including interactive and engaging trips as well as some more laid-back ones to mix up the schedule!

Weekly Field Trips*: this is a tentative, sample schedule and subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
6/24 Kimball Farms	6/25 Lynch Park	6/26 Franklin Park Zoo	6/27 Minute Man Park	6/28 Friday Fun Day at Camp!
7/1 Apex Entertainment	7/2 Burbank Ice Arena	7/3 Wakanda	7/4 CLOSED	7/5 Friday Fun Day at Camp!
7/8 Rockport	7/9 Davis Farmland	7/10 Salem Willows	7/11 USS Constitution	7/12 Friday Fun Day at Camp!
7/15 Frog Pong/Boston	7/16 Plymouth Pirate Cruise	7/17 Stone Zoo	7/18 North Shore Music Theatre	7/19 Friday Fun Day at Camp!
7/22 Museum of Fine Arts	7/23 Whale Watch	7/24 Canobie Lake Park	7/25 Baseball Game	7/26 Friday Fun Day at Camp!
7/29 Patriot Place	7/30 Stoneham Music Theatre	7/31 New England Aquarium	8/1 Boston Tea Party	8/2 Friday Fun Day at Camp!
8/5 Ecotarium	8/6 Basketball Hall of Fame	8/7 Southwick Zoo	8/8 Fenway Park Tour/Swan Boats	8/9 Friday Fun Day at Camp!
8/12 Butterfly Museum	8/13 Crane's Beach Tour	8/14 Museum of Science	8/15 Boston Pizza Tour	8/16 Friday Fun Day at Camp!

Sample Daily Schedule:

**Times & Activities are tentative and subject to change.*

8:00am-9:00am	Arrival & Trip Prep
9:00am-10:00am	Load busses and head out
10:00am-3:30pm	Travel & Trip time
3:00/3:30	Return to base camp
4:00-5:00	Pick Up

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