GYM SCHEDULE

Wang YMCA of Chinatown Effective November 22 2023



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6 AM - 7:30 AM	Open Gym 6 AM – 7:30 AM	Open Gym 6 AM – 7:30 AM	Open Gym 6:00 – 7:30 AM	Natixis Rental 6:15 - 7:15 AM	CLOSED	CLOSED
7:00 AM 8:00 AM	Before School 7:30 AM - 8:30 AM	Before School 7:30 AM - 8:30 AM	Before School 7:30 AM - 8:30 AM	Before School 7:30 AM - 8:30 AM	Before School 7:30 AM - 8:30AM	Pick-up Basketball	
9:00 AM						7 AM-10 AM	Open Gym . 9 AM-10 :30 AM
10:00 AM	JQUS P.E. 8:30AM – 12:30 PM	JQUS P.E. 8:30AM – 12:30 PM	JQUS P.E. 8:30AM – 12:30 PM	JQUS P.E. 8:30AM – 12:30 PM	JQUS P.E. 8:30AM - 12:30 PM	Pickleball 10 AM – 11 AM	Pickleball
11:00 AM							10:30 AM-11:30 AM
12:00 PM							Ping Pong Badminton
1:00 PM	Open Gym 12:30 PM – 3 PM	Open Gym 12:30 PM – 3 PM	JQUS RENTAL	Open Gym 12:30 PM – 3 PM	Open Gym 12:30 – 3:00 PM	Family Gym	11:30 AM - 2 PM
2:00 PM	12.30 FM - 3 FM	12.301111 31111	12:30 PM - 3:30 PM	12.30 TM 31 M	.2.30 3.501 11	11 AM - 4:45 PM	
3:00 PM							Family Gym 2 PM – 4:45 PM
4:00 PM	After School 3 PM – 5:45 PM	After School 3 PM – 6 PM	After School 3:30 PM – 5:45 PM	After School 3 PM – 6 PM	After School 3 PM – 6 PM		
5:00 PM							
6:00 PM							
7:00 PM	Volo Sports 5:45 PM-7:45 PM	Open Gym 6 PM – 8:45 PM	Volo Sports 5:45 PM- 8:45 PM	Open Gym 6 PM – 8:45 PM	Open Gym	CLOSED	CLOSED
8:00PM					6 PM - 9:45 PM		
9:00PM	CLOSED	CLOSED	CLOSED	CLOSED			
10:00PM							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym	Open Gym 6 AM - 8:30 AM	Open Gym 6 AM - 8:30 AM	Open Gym 6 AM – 8:30 AM	Natixis Rental 6:15 - 7:15 AM	CLOSED	CLOSED
7:00 AM	6 AM - 8:30 AM				Open Gym 7:30 AM - 8:30 AM	- Pick-up Basketball 7 AM- 9 AM	
8:00 AM					7:50 AM - 8:50 AM		
9:00 AM		JQUS P.E. 8:30AM - 12:30 PM	JQUS P.E. 8:30AM - 12:30 PM	JQUS P.E. 8:30AM - 12:30 PM	JQUS P.E. 8:30AM - 12:30 PM	Youth Sports 9 AM-12 PM	Pick-up Basketball 9 AM-12:00 PM
10:00 AM	JQUS P.E. 8:30AM – 12:30 PM						
11:00 AM							
12:00 PM							
1:00 PM	Ping Pong 12 :30 PM - 2:30 PM	Open Gym 12:30 PM – 2:30 PM	Ping Pong 12:30 PM – 2:30 PM	Open Gym 12:30 PM - 6:45 PM	Open Gym 12:30 PM – 2 PM	Ping Pong 12 PM – 3 PM	Open Gym 12:00 PM – 5 PM
2:00 PM					Teen Gym 2 PM - 3 PM		
3:00 PM	Teen Gym	Teen Gym 2:30 PM- 5 PM	Teen Gym 2:30 PM- 5:45 PM		JQUS RENTAL 3 PM - 4 PM	Family Gym 3 PM – 5 PM	
4:00 PM	2:30 PM- 5:45 PM				Open Gym 4 PM - 6 PM		
5:00 PM							
6:00 PM		Teen Volleyball 5 PM- 8:45 PM	Volo Sports 5:45 - 8:45 PM		Teen Volleyball 6 PM- 9:45 PM	CLOSED	CLOSED
7:00 PM	Volo Sports 5:45 PM – 8:45 PM			Tufts Rental 6:45 PM - 7:45 PM			
8:00 PM				Open Gym 7:45PM-8:45PM			
9:00 PM	CLOSED	CLOSED	CLOSED	CLOSED			
10:00 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/wang

Open Gym Rental/Event Family Gym
School Based Program

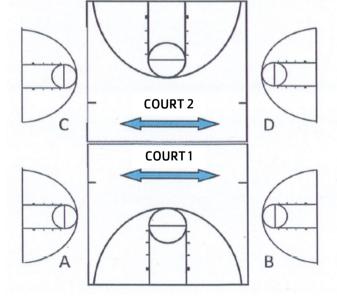
GYM RULES & EXPECTATIONS



Wang YMCA of Chinatown

- No food or drink. Spillproof containers only.
- We are a family facility; appropriate language is expected.
- Zero tolerance on fighting or rough play.
- Members are not allowed in the gym during the closed programs.
- Shirt and shoes are required at all times. Please change in the locker room or bathroom.
- Treat YMCA equipment with care and respect.
- The YMCA is not responsible for lost or stolen items. Keep personal belongings locked up.
- Schedule is subject to change to accommodate outdoor programs due to weather.
- Courts may be closed for programs or rentals. We will do our best to inform members of these closures.

GYM MAP



ENTRANCE/LOBBY

YMCA staff have final authority to enforce gym rules and provide additional guidelines for the safety of our members, children and families. Failure to comply may result in a loss of membership privileges.