

GYM SCHEDULE

Dorchester YMCA
November 2023



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
6:30 AM							
7:00 AM	C.A Basketball Practice 6:15 – 8:15 AM	C.A Basketball Practice 6:15 – 8:15 AM	C.A Basketball Practice 6:15 – 8:15AM	C.A Basketball Practice 6:00 – 8:00 AM	Open Gym 6:00 – 9:00 AM	Open Gym 7:00 – 9:45 AM	Open Gym 8:00 AM – 2:00pm
7:30 AM							
8:00 AM							
8:30 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM			
9:00 AM					Codman Academy 9:00AM – 12:00 PM	Group Ex 10:00 – 10:45 AM	Open Gym 8:00 AM – 2:00pm
9:30 AM	Open Gym 9:30 – 11:00 AM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM			
10:00 AM							
10:30 AM							
11:00 AM	Codman Academy 11:00-12:00PM		Codman Academy 11:00AM-12:00PM			Dorchester YMCA Youth Basketball 11:00 AM – 2:45 PM	
11:30 AM							
12:00 PM	Open Gym 12:00 PM– 1:00 PM		Open Gym 9:30 AM – 4:00 PM		Open Gym 12:00 – 4:00 PM		
12:30 PM							
1:00 PM	Codman Academy 1:00PM-2:00PM		Codman Academy 1:00PM-2:00PM				
1:30 PM							
2:00 PM			Open Gym 9:30 AM – 4:00 PM				
2:30 PM							
3:00 PM							
3:30 PM						D.E 2:45- 4:00 PM	
4:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM		
4:30 PM							
5:00 PM			D.E. 6:00 – 7:30PM		Teen Time 5:00 – 7:45 PM		
5:30 PM	Teen Time 5:00 – 7:00 PM	Teen Time 5:00 – 7:00 PM		Teen Time 5:00 – 7:00 PM			
6:00 PM							
6:30 PM							
7:00 PM			Open run 7:30 – 8:45PM				
7:30 PM	NHCS 7:00 – 9:00PM	NHCS 7:30 – 8:45 PM		NHCS 7:00 – 9:00PM			
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

www.ymcaboston.org/dorchester

CA:
Codman Academy School
NHCS:
Neighborhood House. Effective November 27th
D.E
Dorchester Eagles
T.N
Teen Night every 2nd and 4th Friday of the Month

GYM SCHEDULE

Dorchester YMCA
December 2023



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
6:30 AM							
7:00 AM	C.A Basketball Practice 6:15 – 8:15 AM	C.A Basketball Practice 6:15 – 8:15 AM	C.A Basketball Practice 6:15 – 8:15AM	C.A Basketball Practice 6:00 – 8:00 AM	Open Gym 6:00 – 9:00 AM	Open Gym 7:00 – 9:45 AM	Open Gym 8:00 AM – 2:00pm
7:30 AM							
8:00 AM							
8:30 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15 AM	Codman Academy 8:15 – 9:15AM			
9:00 AM					Codman Academy 9:00AM – 12:00 PM	Group Ex 10:00 – 10:50 AM	Open Gym 8:00 AM – 2:00pm
9:30 AM	Open Gym 9:30 – 11:00 AM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM			
10:00 AM							
10:30 AM							
11:00 AM	Codman Academy 11:00-12:00PM		Codman Academy 11:00AM-12:00PM			Dorchester YMCA Youth Basketball 11:00 AM – 2:45 PM	
11:30 AM							
12:00 PM	Open Gym 12:00 PM– 1:00 PM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM	Open Gym 9:30 AM – 4:00 PM	Open Gym 12:00 – 4:00 PM		
12:30 PM							
1:00 PM	Codman Academy 1:00PM-2:00PM		Codman Academy 1:00PM-2:00PM				
1:30 PM							
2:00 PM			Open Gym 9:30 AM – 4:00 PM				
2:30 PM							
3:00 PM						D.E 2:45- 4:00 PM	
3:30 PM							
4:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM	Y After School 4:00 – 5:00 PM		
4:30 PM							
5:00 PM			D.E. 6:00 – 7:30PM		Teen Time 5:00 – 7:45 PM		
5:30 PM	Teen Time 5:00 – 7:00 PM	Teen Time 5:00 – 7:00 PM		Teen Time 5:00 – 7:00 PM			
6:00 PM							
6:30 PM							
7:00 PM			Open run 7:30 – 8:45PM				
7:30 PM	NHCS 7:00 – 9:00PM	NHCS 7:30 – 9:00 PM		NHCS 7:00 – 9:00PM			
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