

# GYM SCHEDULE

Wang YMCA of Chinatown  
Effective April, 2023



COURT 1 (LOBBY SIDE)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym 6:00 – 7:30 AM	Open Gym 6:00 – 7:30 AM	Open Gym 6:00 – 7:30 AM	Open Gym 6:00 – 8:30 AM	Natixis Rental 6:15 – 7:15 AM	CLOSED	
7:00 AM							CLOSED
8:00 AM	Before School 7:30 – 9 AM	Before School 7:30 – 9 AM	Before School 7:30 – 9 AM	Before School 7:30 – 9 AM	Before School 7:30 – 9 AM	Pick-up B-Ball 7 – 9 AM	
9:00 AM	JQUS PE Program 9AM – 12:00 PM	JQUS PE Program 9AM – 12:00 PM	JQUS PE Program 9AM – 12:00 PM	JQUS PE Program 9AM – 12:00 PM	JQUS PE Program 9AM – 12:00 PM	Pickleball 9 – 11 AM	Pickleball 9 – 11:30 AM
10:00 AM							
11:00 AM						Family Gym 11 AM – 5:00 PM	Ping Pong Badminton 11:30 AM – 2:00 PM
12:00 PM	Open Gym 12:00 – 3:30 PM	Open Gym 12:00 – 3:30 PM	Teen Badminton 12–2 PM	Open Gym 12:00 – 3:30 PM	Open Gym 12:00 – 3:30 PM		
1:00 PM							
2:00 PM			Open Gym 2–3:30 PM				Family Gym 2 PM – 5 PM
3:00 PM							
4:00 PM	After School 3:30 – 5:45 PM	After School 3:30 – 6 PM	After School 3:30 – 5:45 PM	After School 3:30 – 6 PM	After School 3:30 – 6 PM		
5:00 PM							
6:00 PM	Volo Sports 5:45 – 8:00 PM	Open Gym 6:00 – 8:00 PM	Volo Sports 5:45 – 8:00 PM	Open Gym 6:00 – 8:00 PM	Open Gym 6:00 – 8:00 PM	CLOSED	CLOSED
7:00 PM							

COURT 2 (FAR SIDE)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM					Natixis Rental 6:15 – 7:15 AM	CLOSED	
7:00 AM	Open Gym 6:00 – 9 AM	Open Gym 6:00 – 9 AM	Open Gym 6:00 – 9 AM	Open Gym 6:00 – 9 AM	Open Gym 7:15 – 9 AM	Open Gym 7 – 11 AM	CLOSED
8:00 AM							
9:00 AM	JQUS PE Program 9 AM – 12:00 PM	JQUS PE Program 9 AM – 12:00 PM	JQUS PE Program 9 AM – 12:00 PM	JQUS PE Program 9 AM – 12:00 PM	JQUS PE Program 9 AM – 12:00 PM	Ping Pong 11:00 AM – 2 PM	Pick-up B-Ball 9 AM – 11:30 AM
10:00 AM							
11:00 AM							Open Gym 11:30 AM – 5 PM
12:00 PM	Ping Pong 12:00 – 2:00 PM	Open Gym 12:00 – 2:00 PM	Ping Pong 12 – 2 PM	Open Gym 12:00 – 6:45 PM	Open Gym 12:00 – 2:00 PM		
1:00 PM							
2:00 PM	Teen Gym 2:00 – 5:45 PM	Teen Gym 2:00 – 4:00 PM	Teen Gym 2:00 – 5:45 PM		Teen Gym 2:00 – 3:00 PM	Pick-up B-Ball 2PM – 5 PM	
3:00 PM							
4:00 PM		Youth Sports Programs 4:00 – 6:00 PM			JQUS Rental 3 – 4:30 PM		
5:00 PM						Open Gym 4:30 – 6 PM	
6:00 PM	Volo Sports 5:45 – 8:00 PM		Volo Sports 5:45 – 8:00 PM	Tufts Rental 6:45 – 8:00 PM	Teen Volleyball 6–8 PM	CLOSED	CLOSED
7:00 PM		Open Gym 6:00 – 8:00 PM					

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

Open Gym/Pick-up	Family Gym
Rental/Event	School Based Program
	Member Programs

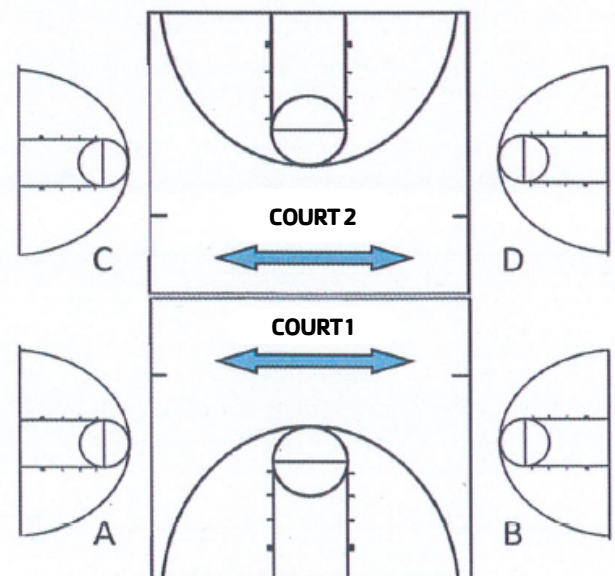
# GYM RULES & EXPECTATIONS



## Wang YMCA of Chinatown

- No food or drink. Spillproof containers only.
- We are a family facility; appropriate language is expected.
- Zero tolerance on fighting or rough play.
- Members are not allowed in the gym during the closed programs.
- Shirt and shoes are required at all times. Please change in the locker room or bathroom.
- Treat YMCA equipment with care and respect.
- The YMCA is not responsible for lost or stolen items. Keep personal belongings locked up.
- Schedule is subject to change to accommodate outdoor programs due to weather.
- Courts may be closed for programs or rentals. We will do our best to inform members of these closures.

## GYM MAP



**YMCA staff have final authority to enforce gym rules and provide additional guidelines for the safety of our members, children and families. Failure to comply may result in a loss of membership privileges.**