## **GYM SCHEDULE**



Wang	YMCA of Chinatown
Effect	ive January 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM 6:30 AM	<b>Open Gym</b> 6:00 - 7:30 AM	<b>Open Gym</b> 6:00 - 8:00 AM	<b>Open Gym</b> 6:00 - 7:30 AM	<b>Open Gym</b> 6:00 - 7:30 AM	<b>Natixis Rental</b> 6:15 – 7:15 AM	CLOSED	
7:00 AM		Cabot Rental Second Tuesday					
7:30 AM		<b>Monthly</b> 7:00 – 8:00 AM				Open Gym	CLOSED
8:00 AM	<b>OST After School</b> 7:30 – 9:00 AM	OST After School	<b>OST After School</b> 7:30 – 9:00 AM	<b>OST After School</b> 7:30 – 9:00 AM	<b>OST After School</b> 7:30 – 9:00 AM	7:00 - 9:00 AM	
8:30 AM		8:00 - 9:00 AM					
9:00 AM							
9:30 AM						- "	
10:00 AM						<b>Family Gym</b> 9:00 - 11:00 AM	Family Gym
10:30 AM	<b>JQUS PE Program</b> 8:30 AM - 12:00 PM	<b>JQUS PE Program</b> 8:30 AM - 12:00 PM	<b>JQUS PE Program</b> 8:30 AM - 12:00 PM	<b>JQUS PE Program</b> 8:30 AM - 12:00 PM	<b>JQUS PE Program</b> 8:30 AM - 12:00 PM		9:00 - 11:30 AM
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							Ping Pong
1:00 PM	Ping Open Pong (1) Gym (2) 12:00 - 12:00 -		Ping Badminto Pong(1) n(2) 12:00 - 12:00 -			Ping Pong Badminton	Badminton 11:30 AM – 1:30PM
1:30 PM	2:00 PM 2:00 PM		2:00 PM 2:00 PM	Open Gym	<b>Open Gym</b> 12:00 – 3:00 PM	11:00 AM - 3:00 PM	
2:00 PM		<b>Open Gym</b> 12:00 - 4:00 PM (1)		12:00 - 3:30 PM (1) 12:00 - 2:00 PM (2)	12:00 - 2:00 PM (2)		<b>Open Gym (1)</b> 1:30 - 2:00 PM
2:30 PM	Open Teen	12:00 - 2:00 PM (2)	Open Teen		T (()		
3:00 PM	<b>Gym (1) Gym (2)</b> 2:00 - 2:00 -		<b>Gym (1) Gym (2)</b> 2:00 - 2:00 - 3:30 PM 3:30 PM	Teen Gym (2)	<b>Teen Gym (2)</b> 2:00 – 3:00 PM		
3:30 PM	3:30 PM 3:30 PM	Teen Gym (2)	5:50 PM 5:50 PM	2:00 – 3:30 PM	JQUS		
4:00 PM	Teen Gym	2:00 - 4:00 PM	Teen	Teen	Rental (1) 3:00 - 4:30 PM After	Family Gym	
4:30 PM	(1) After 3:30 - School	18	Gym(1) After 3:30 - School	<b>Gym (1)</b> 3:30 -	4:30 PM After School (2)	3:00 - 5:00 PM	
5:00 PM	5:00 PM (2) 3:30 -	Jr. Celtics (1) (2) After School (2)	5:00 PM (2) 3:30 -	5:00 PM After School	3:00 - Open 6:00 PM		CLOSED
5:30 PM	Open Gym (1) 5:00 - 5:45 PM	4:00 - 6:00 PM 6:00 PM	Open Gym (1)	<b>(2)</b> 3:30 -	<b>Gym (1)</b> 4:30 -		
6:00 PM	5:00 - 5:45 PM		5:00-5:45 PM	Open 5:45 PM Gym (1) 5:00 -	6:00 PM		
6:30 PM				6:45 PM		CLOSED	
7:00 PM	VOLO Sports	0	VOLO Sports		Teen Volleyball Gum (2)	CLOSED	
7:30 PM	5:45 - 8:00 PM	<b>Open Gym</b> 6:00 - 8:00 PM	5:45 - 8:00 PM	Tufts Open Rental (1) Gym (2)	(1) 6:00 - 6:00 - 8:00 PM		
				6:45 - 5:45 - 8:00 PM 8:00 PM	8:00 PM		
8:00 PM							

Gym Schedule is subject to change based on programming needs. Thank you for understanding!

Open Gym	Family Gym	(1): Court1 (2): Court 2	
Rental/Event	School Based Program	Youth & Teen Programs	

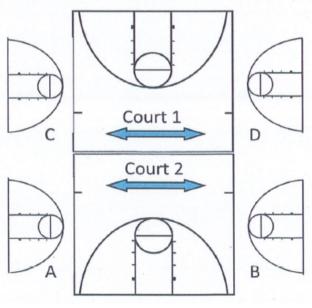
## **GYM RULES & EXPECTATIONS**



## Wang YMCA of Chinatown

- No food or drink. Spillproof containers only.
- We are a family facility; appropriate language is expected.
- Zero tolerance on fighting or rough play.
- Members are not allowed in the gym during the closed programs.
- Shirt and shoes are required at all times. Please change in the locker room or bathroom.
- Treat YMCA equipment with care and respect.
- The YMCA is not responsible for lost or stolen items. Keep personal belongings locked up.
- Schedule is subject to change to accommodate outdoor programs due to weather.
- Courts may be closed for programs or rentals. We will do our best to inform members of these closures.

## **GYM MAP**



YMCA staff have final authority to enforce gym rules and provide additional guidelines for the safety of our members, children and families. Failure to comply may result in a loss of membership privileges.

ENTRANCE/LOBBY

www.ymcaboston.org/wang