

# DECEMBER 2022 FAMILY CALENDAR

YMCA OF GREATER BOSTON



## FAMILY HOLIDAY EVENT

You are invited to a special YMCA holiday event where we will have family holiday themed activities

## HOLIDAY AQUA EVENT

Enjoy a family free swim with a special pool party twist, each month the theme is different and special

## FAMILY FITNESS

Enjoy family fitness classes with some of your beloved instructors, everyone ages 3 and up are welcome to participate in family exercise. Some options may include: Family Zumba, Family Pound, Family Yoga or in some cases Caregiver with infant/toddler times.

## FAMILY SPORTS

Use this time to bring the whole family and take part in gym and backyard games in the gymnasium or outdoors

YMCA Location	Event	Date	Time
Burbank	Family Fitness: Bootcamp	December 3	8:30am - 9:30am
North Suburban	Family Sports: Indoor Snowball Fight	December 4	10:00am - 12:00pm
Waltham	Family Sports: Indoor Snowball Fight	December 4	10:00am - 12:00pm
Charles River	Family Sports: Indoor Snowball Fight	December 4	10:00am - 12:00pm
Parkway Community	Holiday Aqua Event: Polar Plunge	December 4	12:00pm - 1:45pm
Burbank	Family Holiday Event: Ornament Decorating	December 5 - 21	All Day
Roxbury	Family Holiday Event: Winter Festival	December 10	12:00pm - 1:00pm
North Suburban	Holiday Aqua Event: Polar Plunge	December 10	1:00pm - 3:00pm
Waltham	Holiday Aqua Event: Polar Plunge	December 10	1:00pm - 3:00pm
Charles River	Family Fitness: Ugly Sweater Zumba	December 10	9:30am - 10:30am
Parkway Community	Family Sports: Indoor Snowball Fight	December 10	1:00pm - 2:00pm
Charles River	Family Holiday Event: Ornament Decorating	December 12 - 18	All Day
Roxbury	Family Sports: Indoor Snowball Fight	December 15	6:00pm - 7:00pm
Parkway Community	Family Holiday: Polar Express	December 13	6:00pm - 8:00pm
Dorchester	Family Sports: Indoor Snowball Fight	December 16	5:00pm - 6:00pm
Burbank	Holiday Aqua Event	December 17	1:00pm - 2:30pm
Charles River	Holiday Aqua Event	December 17	3:00pm - 5:00pm
Roxbury	Holiday Aqua Event: Water Wonderland	December 17	2:30pm - 3:30pm
Dorchester	Family Holiday Event: Ornament Decoration	December 17	1:00pm - 2:00pm
Dorchester	Holiday Aqua Event: Swim With Santa	December 17	2:00pm - 3:00pm
Roxbury	Family Fitness: Ugly Sweater Zumba	December 17	11:00am - 12:00pm
Dorchester	Family Fitness: Holiday Zumba	December 17	3:00pm - 4:00pm
North Suburban	Family Holiday Event: Polar Express	December 18	8:30am
Waltham	Family Holiday Event: Polar Express	December 18	8:30am
North Suburban	Family Fitness: Ugly Sweater Zumba	December 24	9:00am - 10:00am
Waltham	Family Fitness: Ugly Sweater Zumba	December 24	9:00am - 10:00am

● = Waltham YMCA  
 ● = North Suburban YMCA  
 ● = Burbank YMCA  
 ● = Roxbury YMCA  
● = Parkway Community YMCA  
 ● = Charles River YMCA  
 ● = Dorchester YMCA